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VOL. 26, NO. 31

SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 1, 2019

FEBRUARY SUNRISE/SUNSET: 1 7:13 • 6:10 2 7:13 • 6:11 3 7:12 • 6:12 4 7:12 • 6:13 5 7:11 • 6:13 6 7:11 • 6:14 7 7:10 • 6:15

Goss To Join Water District Governing Board

by Jeff Lysiak

ess than two weeks after calling for the resignation of the entire governing board of the South Florida Water Management District (SFWMD), Florida Gov. Ron DeSantis appointed outgoing Sanibel City Councilman Chauncey Goss to serve on the district's nine-member panel.

"Today, I'm happy to announce that we will appoint from Southwest Florida Chauncey Goss to be on the water management board," DeSantis said on Tuesday morning at a press conference held at Rookery Bay Environmental Learning Center in Naples. "He has served in senior roles in politics, in the U.S. House and The White House, and he's got an impressive professional resume. But he also has a clear record of supporting and serving Florida's natural resources."



Chauncey Goss

photo provided

In addition, DeSantis noted that Goss has been active with organizations including the Sanibel-Captiva Conservation Foundation (SCCF) Board of Directors,

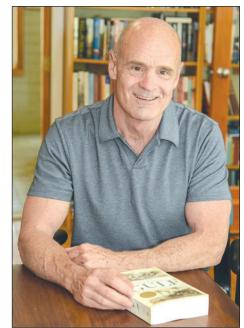
continued on page 35

Pulitzer Prize Winner To Speak On Sanibel

The Bailey-Matthews National Shell Museum is hosting Pulitzer Prizewinning author Jack E. Davis, who will speak on Wednesday, February 20 from 3:30 to 4:30 p.m. at The Community House.

"Jack's talk, The U.S. and the Gulf of Mexico: History, Wisdom and Hope, explores and celebrates the environmental history of the gulf's rich marine ecosystem," said Dorrie Hipschman, museum executive director. "His message will resonate well with those who call Sanibel and Captiva home and with those who love to collect shells on our beaches."

Davis, currently a professor of environmental history at the University of Florida, will share his lively, historical view of the Gulf of Mexico, drawn from his 2018 Pulitzer Prize-winning book, *The Gulf: The Making of an American Sea.* Significant beyond tragic oil spills and



Jack E. Davis photo by Warren Nelson hurricanes, the gulf has historically been one of the world's most bounteous marine continued on page 30

Exhibit To Open At Bailey Homestead

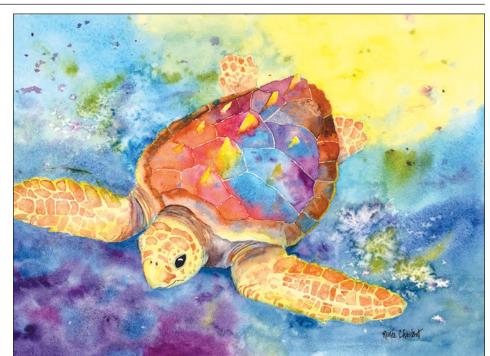


Blind Pass Captiva by Marcy Calkins

Tater is the theme for a new show at the Bailey Homestead Preserve in February. Featuring art in diverse media created by members of the Sanibel-Captiva Conservation

images provided

Foundation (SCCF) and the artists of the Sanibel Captiva Art League, this exhibit spotlights a subject which impacts all of Southwest Florida. See what the topic of water means to local artists as they



Lady Loggerhead by Renee Chastant

depict various facets of its importance as a resource, as a vital habitat for flora and fauna, and as an amenity we strive to protect.

The public is invited to view the exhibit which opens on Monday, February 4 and runs through Thursday, February 28.

Hours for viewing are Monday through Friday from 9 a.m. to noon, and Saturday from 10 a.m. to 1 p.m. A portion of all art sales will be donated to SCCF.

The Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel

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Community House

Yoga Classes

Yoga classes with Susan Pataky are held on Tuesdays and Thursdays. The first class, for all levels, begins at 10 a.m.; Chi yoga follows at 11:15 a.m. Cost is \$18 for members and \$20 for guests.

EFT Tapping Series

On Tuesdays at 1 p.m., Jenny Li Ciccone offers a tapping series. Feel calmer, declutter your mind and help your mental health through these classes. Cost is \$30 for members and \$35 for guests. Classes run through February 19.

Civil Rights Exhibit

The Civil Rights in the Sunshine State exhibit is on display through February 8. Pictures, narratives and videos highlight the significant contributions Floridians made to the civil rights movement.

Duplicate Bridge

Play sanctioned duplicate bridge with the Willoughbys on Tuesdays at 12:30 p.m.

Honoring Black History On February 4 at 6:30 p.m.,

On February 4 at 6:30 p.m., Dr. Anthony Dixon, professor and university archivist at Bethune-Cookman College, will deliver a lecture on Dr. Martin Luther King, Jr. and the civil rights movement. He will be joined by Rev. Dr. John H. Danner, senior pastor of Sanibel Congregational United Church of Christ. Rev. Danner will speak about his perspective on what it means to be an ally in the struggle for civil rights.

Kids Cooking First Mondays

On Monday, February 4 from 2:30 to 5:30 p.m., young chefs will be guided by Executive Chef Jarred Harris in making Japanese buffet items including sushi rolls, chicken teriyaki and vegetable tempura. Cost is \$50 per class or four classes for \$175 when paid in advance. Thanks to Rotary and Kiwanis clubs, and private individuals,



Secret Cove by Sissi Janku photo provided scholarships are available. Additional class dates are March 1, April 1 and May 6.

Colorful Sips

Sissi Janku will host a Colorful Sips acrylic painting class on Wednesday, February 6 beginning at 7 p.m. Beginner to advanced painters are welcome. Bring your own snacks and beverages. All other supplies will be provided. Cost is \$50 for members and \$60 for guests.

Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their

Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Executive Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155.❖

Feed The Hungry Fundraiser At Captiva Chapel

Ralph Harvey bowls can be acquired at Captiva's historic Chapel by the Sea for a minimum \$50 donation. Donations go directly to FISH of SanCap.

An artist who has worked in various media for more than 50 years, Harvey spent the majority of his career as a professor of glassblowing, ceramics and three-dimensional design at Georgia Southwestern State University. He donated 24 original bowls to Chapel by the Sea.

An Austin Church CD will be included with each bowl donation.

Captiva's Chapel by the Sea, located at 11580 Chapin Lane, is a seasonal, inter-denominational, mission-oriented



Bowls by Ralph Harvey

photo provided

congregation "seeking to behold the face of God in everything and everyone." All are welcome to worship at 11 a.m. every Sunday from the second Sunday of November through the month of April.

For more information, call 472-1646 or visit www.captivachapel.com. Chapel by the Sea is located at 11580 Chapin Lane on Captiva.





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Watercolor interpretation of Andy's Dock from 1976

photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society

Looking Back: Andy's Dock

This week's image features a painting by Ken Eberts, an artist and visitor to Captiva with a passion for antique cars.



Eberts did a watercolor interpretation of Andy's Dock with a 1923 Ford Model T on the dock.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for more information.

Visit the Captiva Island
Historical Society website www.
captivaislandhistoricalsociety.org/
archives/research to view many more
images to bring you closer to Captiva.

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Churches/Temples

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Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www. annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. www.batyam.org, 2050 Periwinkle Way, 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March). Friday 10 a.m.

Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and childrens church in the main sanctuary, 9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., www. sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www. saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.



1157 Periwinkle Way 472-6991

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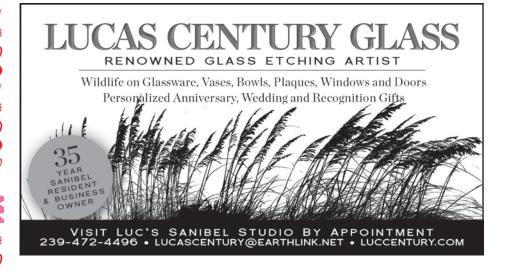
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OBITUARY



YVES CHARLES

The Timbers family lost a cherished member with the passing of Yves Charles on January 16, 2019. If you ever ate one of the cocktail shrimp at The Timbers, it was probably peeled and cooked by Yves. If you enjoyed a baked Idaho or sweet potato, it was washed and oiled by Yves.

Yves started as a dishwasher in 1995 and worked his way up into the kitchen where he was a jack of all trades! He leaves behind his wife, Yveta, and

five children: Judith Saint-Fort of Fort Myers; Eunide Michel of Wichita Falls, Texas; Kevin Charles of Tampa; Ervin Charles of Orlando; and Emlyne Charles of Cape Coral. Funeral services will be held on Saturday, February 2 at 10 a.m. at St. Francis Xavier Church in Fort Myers

He will be missed.☆

New Course Explores Roles Of Minor Prophets

n Thursdays, February 14, 21 and 28 from 10:30 a.m. to 11:45 a.m., Rabbi Stephen Fuchs will offer a three-part class titled Minor in Name Only. The course will explore the role played in Jewish thought and practice by the so-called Twelve Minor Prophets in the Bible.

The prophets to be discussed are Hosea, Joel, Amos, Obadiah, Jonah, Micah, Nahum, Habakkuk, Zephaniah, Haggai, Zechariah and Malachi.

"They are called 'Minor,'" said Rabbi Fuchs, "not because they are less important than the 'Major' prophets – Isaiah, Jeremiah and Ezekiel – but because their literary record (i.e., the length of their books) is shorter."

The classes will be held in Fellowship Hall of the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way. There is no cost and all are welcome to attend.

Baby Supplies Donated



From left, Viki Bundschu, Jan Vap, Jean Halligan, Lori Schulz, Annette Hendrick, Margaret Curtin and Dottie McGovern photo provided

t. Isabel Women's Guild held their 9th annual baby shower to benefit the Pregnancy Center in Fort Myers and Guadalupe Social Services. A business meeting was conducted by Women's Guild President Annette

Hendrick, followed by breakfast. At the breakfast, held in the Parish Hall on January 17, Women's Guild members collected clothes, diapers and various other baby supplies donated by St. Isabel parishioners to help mothers in need.

City Of Sanibel Vegetation Committee

Reduce Fertilizer

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next tour will be held on Wednesday, February 13. Guided tours begin promptly at 10 a.m. at the bottom of the city hall main staircase.

Upcoming tour dates include: Saturday, February 23; Wednesday, March 13 and Saturday, March 23; and Wednesday, April 10 and Saturday, April 27.

Walk the grounds for ideas on planting

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide valuable information on proper planting and care of native vegetation.

The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to city hall, located at 800 Dunlop Road. For more information, contact the city's Natural Resources Department at 472-3700.

The City of Sanibel is a walkable and bikeable community and features one of the most extensive shared use paths in the state of Florida. Attendees are encouraged to bicycle to these events.

The Natural Resources Department section of the city's website, www. mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.

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- Knots and Line Handling The Knots You Need to Know

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IF you are a boater who wants to boat more, boat farther, and have more fun on the water should *enroll immediately*.

The 6-week BOAT HANDLING course will start Tuesday - 19 February at 10:00 am - Noon.

All sessions will be held at The Harbour House of St. Charles Yacht Club and taught by Carl Schultz, a licensed Coast Guard Captain and an experienced boater.

COST: Member - \$60

Non-Member - \$120

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Sanibel Church Hosting Night To Shine Celebration

anibel Community Church is an official host of the 2019 Night to Shine sponsored by the Tim Tebow Foundation. Over 100 guests with special needs, ages 14 and over, are registered for the Friday, February 8 event. Over 100 family/caregivers are registered, and an estimated 200 volunteers will be welcomed for this once-a-year prom-themed evening that transforms Valentine's Day by delivering a message that each person is special because they were made by God and are loved by God.

This event will take place in more than a dozen countries on the same day. Sanibel Community Church will be one of 655 churches from around the world that will come together to host Night to Shine for approximately 100,000 guests through the support of 200,000 volunteers.

Activities will begin around 4:30 p.m. and include a visit to the beauty salon and shoe shine station, presentation of corsages and boutonnieres, limousine ride, walk on the red carpet, photos, music, dancing and dinner. The highlight of the evening will be hearing a special message from Tim Tebow, who will declare each quest



Tim Tebow

photo provided

as a king or queen. Crowns will be then be placed by the individual's buddy. Gift bags will be given to each guest as they exit at 9 p.m.

During the event, parents/caregivers will be hosted in Fellowship Hall on campus where they will receive a meal, have time for fellowship, and engage in their own activities as the event is streamed in from the main sanctuary.

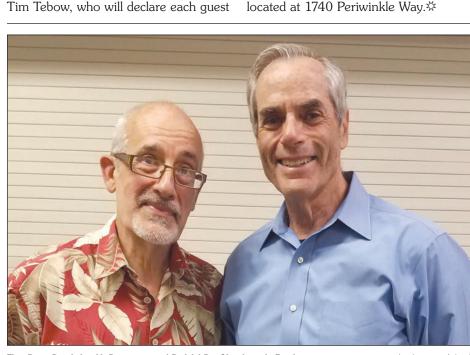
Tim Tebow will deliver a message of God's love for every individual.

Sanibel Community Church is located at 1740 Periwinkle Way.

home. While not a unique arrangement, it is unusual for two congregations of two different faith traditions to share a space.

The two clergy have joined forces to present various educational programs for their congregations, as well as other interested members of the wider community. In January, for instance, they co-taught a three-week course entitled Two Perspectives. Both congregations are founding partners in Sanibel's annual Shared Scholar Lecture Series

For more information, contact the church office at 472-0497.



The Rev. Dr. John H. Danner and Rabbi Dr. Stephen L. Fuchs

photo provided

Annual Pulpit Exchange At Sanibel Church

uring this year's annual Pulpit Exchange, the Rev. Dr. John H. Danner will preach at Bat Yam Temple of the Islands' Shabbat Service on Friday, February 1 at 7:30 p.m. while Rabbi Dr. Stephen L. Fuchs will preach at the 9 and 11 a.m. services on Sunday, February 3.

Drawing his text from *Exodus 23:1-9*, Pastor Danner's sermon on Friday

evening will be Justice for All, By All. Rabbi Fuchs' sermon is entitled Edifice Complex; his texts are *Exodus 25:11* and *First Kings 5:26-6:13*.

All three services will be held at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way on Sanibel, where the two congregations worship. As always, the services are open to the public.

Sanibel Congregational United Church of Christ, founded in the mid-1970s, built the church facility in 1986. Ever since its inception 28 years ago as the only Jewish congregation on Sanibel, Bat Yam Temple of the Islands has called the same building



Jordan Marsh Project Report

by Jeff Lysiak

t this month's city council and planning commission meetings, a progress report on the status of the Jordan Marsh Water Quality Treatment Park was delivered by Holly Milbrandt, deputy director of the City of Sanibel Department of Natural

During her presentations, Milbrandt updated city representatives on the status of the project that has been under construction since last September. Located on Casa Ybel Road just south of Periwinkle Way, the water quality treatment park is situated on six acres of city-owned land - known as the Jordan Marsh Preserve - and a 1.3-acre portion of an 8.5-acre tract within the Sanibel-Captiva Conservation Foundation (SCCF) Bob Wigley Preserve.

According to Milbrandt, the primary goal of the project is to improve water quality in the Sanibel Slough to help meet Florida water quality standards. Two years ago, the Florida Department of Environmental Protection (FDEP) designated the Sanibel Slough as "impaired," mandating the city reduce the Total Maximum Daily Load (TMDL) of the eastern section of the waterway by 74 percent for phosphorus levels and 54 percent for nitrogen levels.

Secondary goals of the project are to enhance existing wildlife habitat on the site, provide recreational opportunities and educate visitors on the various best management practices used to improve

water quality.

"We are nearing the completion point," said Milbrandt. "This project is located within the eastern basin of the Sanibel Slough, so in order to improve the water quality there, this filter marsh is one of the major projects we hope will help us be able to achieve that TMDL.

Based upon engineer modeling estimates for the maximum water flow scenario of two cubic feet per second (cfs), the water treatment park would successfully reduce 22 percent of total phosphorus and 40 percent of total nitrogen, as required by the FDEP.



Aerial image of the Jordan Marsh Water Quality Treatment Park, located next to the Sanibel Slough off Casa Ybel Road

image courtesy City of Sanibel

"It's a really significant benefit from just one project," said Milbrandt, who noted that additional nutrient reductions are anticipated with infrastructure renovations at the city's Donax Wastewater Treatment Plant.

Another element that contributes to nutrient reduction at the Jordan Marsh Water Quality Treatment Park come through the planting of more than 20,000 littoral plants - including 15 species of native vegetation – within the

manmade marsh.

"Plants need nitrogen and phosphorus in order to grow," said Milbrandt. "Some plants take in those nutrients at different rates. The first section of the marsh is planted almost exclusively with cattails. Some of the guys who live on the lakes here on Sanibel consider cattails to be a

nuisance plant, but they are actually excellent at taking up nutrients."

Solar powered control panels and pumps assist in the movement of water within the park, which outflows to a roadside canal along Casa Ybel Road, where it reconnects with the Sanibel Slough.

'Every time I'm out there, I see more and more birds," added Milbrandt. "So

that's really exciting."

Completion of Phase I includes reviewing the final construction "punch list" and submitting the reimbursement request to the South Florida Water Management District, placement of several benches and bicycle racks, designing and installation of educational interpretive panels, final setup of Flow & Water Level instrumentation and beginning to monitor results

with members of the SCCF Marine

Laboratory.

Phase II includes the design and construction of an elevated observation tower. Until that element is installed, public access of the park will remain limited. According to James Evans, the city's natural resources director, a ribbon-cutting at the park will take place in mid- to late February.

The \$810,000 project – including \$165,000 for design and \$645,000 for construction costs — is being funded by the South Florida Water Management District cooperating funding program, Lee County Community Park impact fees and the City of Sanibel.

"It's nice to see this come to

fruition," Mayor Kevin Ruane said on January 15. "We are doing our part for water quality."

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What's Happening At The House

MONDAYS

8:30 am Yoga & Thurs. 10 am Shell Craft Lesson

TUESDAYS & THURSDAYS 10 AM / 11:15 AM

Yoga Members \$18/\$20 drop in 12:30 pm Sanctioned Duplicate Bridge

JAN. 2 - FEB. 8 - FREE Civil Rights In the Sunshine State Exhibit

MON., FEB. 4

2:30 -5:30 pm Kids Cooking 6:30 pm Black History Presentation

TUES., FEB. 5 Members Only Dinner & Dance

WED., FEB. 6 Colorful Sips with Sissi 7 pm

MON., FEB. 11

Hands On Cooking 10 am

THURS., FEB. 14

Cooking Demo with Chef Jarred 4-6 pm

MON., FEB. 18

Decorating Den Presentation with lunch 11:30 am

THURS., FEB. 21

Cooking Demo with Chef Jarred 4-6 pm

Tickets online: www.sanibelcommunityhouse.net Feb. 22 11:30 am Fashions of Periwinkle Place **Local Honey & Product For Sale**

For Full Schedule of ALL Happenings, visit www.SanibelCommunityHouse.net

The Community House

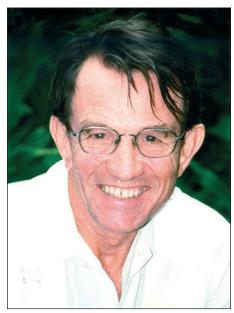
SANIBEL COMMUNITY ASSOCIATION

(239) 472-2155

email info@sanibelcommunityhouse.net 2173 Periwinkle Way, Sanibel, FL 33957

"To enrich community spirit through educational, cultural and social gatherings in our historic Community House." The SCA is a 501c 3 Organization. Follow Us On Facebook

OBITUARY



RICHARD WARREN WORKMAN

ichard "Dick" Workman, champion of native planting and Lenvironmental conservation,

passed away on January 9, 2019. Born in Waynesville, Ohio, the son of Don W. Workman, Sr. and Barbara Denney Workman, Dick was raised on a farm along with his five siblings. He spent his youth milking cows, baling hay and sowing wheat. In addition to cows, the farm had chickens, sheep and goats. Dick used to talk about the various farm animals having the run of the place, including the kitchen. The farm included a pond for swimming, a one-acre garden, and an eight-acre wood, where Dick's love of nature and interest in biological sciences were fostered.

Dick went on to attend Miami University in Oxford, Ohio from 1962 to 1966. There he studied zoology and was a member of Sigma Phi Epsilon Fraternity and the Miami Men's Glee Club. He then served in the United States Air Force during the Vietnam War. Always a conservationist, during his time in the Air Force, Dick made a written recommendation that they begin recycling aluminum cans. He was stationed in Colorado and California where he developed an interest in Native American culture, specifically the way people utilized natural materials in their

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environment. His interest in plants was developed in California's Mojave Desert.

After he was honorably discharged from the Air Force, he taught at-risk children in California, then returned to the Midwest where he did some substitute teaching before becoming the director of the Warren County Park District, Warren County, Ohio, which began a rich and rewarding career in working toward environmental conservation and preservation of native

Dick moved to Sanibel to become the executive director of the Sanibel-Captiva Conservation Foundation (SCCF), serving from 1973 to 1980.

Jack Thomas, former SCCF president of the board of trustees said, "As executive director, he laid the foundation for many of SCCF's current programs and will be greatly missed by the environmental family. He was a good friend and had a wicked sense of humor."

When SCCF celebrated its 50th anniversary, Dick said he was most proud of the work he led in preserving Cayo Costa from development. He lobbied decision makers, and in 1976, lands on Cayo Costa and North Captiva were purchased by the state. Another of his great accomplishments for SCCF was overseeing the construction of the Nature Center which opened in 1977, and the establishment of the Native Plant Nursery in 1978.

Dick's environmental awareness and sensitivity were ahead of their time. In 1970, he wrote a paper stressing the importance of protecting the planet. He was aware and warning people of the threat of climate change even then. He was a leader in planting native and wrote what many consider to be the ultimate guide to native planting, Growing Native. He was also a founding member of the Florida Native Plant Society.

An active participant in the incorporation of the City of Sanibel in 1974, Dick, along with the SCCF board, worked to fund and coordinate the publication of The Sanibel Report by John Clark, which steered the city through orderly development with an emphasis placed on ecological integrity.

As founder of Coastplan, Inc. Environmental Consultants, he did extensive work in gopher tortoise surveying and relocation, and wetland surveys and plantings. Through the

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years, he was called upon by city, county and other governmental agencies for his expertise. He helped the City of Sanibel draft its vegetation ordinance and helped lessen the environmental impact of much of Lee County development.

Rae Ann Wessell, natural resource policy director at SCCF, who worked with Dick through the years said, "Dick was one of those people who left this place richer and better than he found it. His influence and contributions to our local environmental conservation is

outstanding." She added that so much of what he brought to the world was not what he got paid for but for what he loved. "Dick was a fixture of the Calusa Heritage Days. His curiosity led him to recreate Calusa tools and even a dugout canoe to try to understand just how the natives lived. And at the events, no one could blow a conch shell like Dick!'

Dick played the conch shell at many weddings and other events. Friends and family fondly recall him playing *Ode to* Joy or When the Saints Come Marching In on the shells that he fashioned into instruments. He loved music and in addition to the conch shell, he played the tuba. Dick was also an incredible basketmaker and spent countless weekends leading basket-making demonstrations and workshops. He volunteered with many organizations including with the Randell Research Center on Pine Island where he demonstrated how the Calusa Indians wove baskets, fishing nets and clothing with the sable palmetto. He had a tremendous interest in archeology and appreciation for the traditions of those who inhabited the earth before him. He strongly desired to leave the world a better place for those who would inhabit the earth after his passing.

Workman is survived by his children Michael R. Workman (Beth) and Jennifer Workman Lessinger (Ozzie), along with their mother Judy Workman, his son Don Patrick (Rachel Mahoney), and his mother Amy Bennett Williams, and his grandchildren Sam Reid, Gus Weaver and Sadie Marie Lessinger. He was preceded in death by his parents and a nephew, Joseph Workman. He is also survived by his siblings Don W. Workman, Jr. (Ginny), Sally Workman Miller (John Miller), John R. Workman, Thomas Workman (Rosana) and Susan Workman Morell. In addition, he is survived by his loving nieces and nephews Abby Workman, Katy Workman Klug (Justin Klug) Jessie Workman (Naa Hammond), Naima Workman, Ilana Workman Mason (Jim Mason), Aaron Morell (Gabrielle), Nicholas Morell (Lisa LeDoux), and his great nieces Chelsea Klug and Wren Mason.

A memorial is planned for Dick on March 9, 2019 from 1 to 3 p.m. at the Randell Research Center on Pine Island. Please dress as if you are going for a nature walk, bring chairs or blankets for sitting, and maybe an umbrella. In lieu of flowers, the family asks that you plant a tree, collect some litter from alongside the road, or spend some time outside remembering Dick. Contributions can be made to Randell Research Center or an environmental organization of your

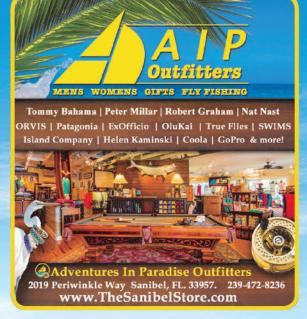
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White pelican

Audubon 'Ding' Darling Bird Walk

he next Sanibel-Captiva Audubon bird walk will be held on Saturday, February 2 at the JN "Ding" Darling National Wildlife Refuge on

photo by Beverly K. Henson

Sanibel. Participants will meet in the overflow parking lot at the refuge at 8 a.m. Free parking is available, but refuge entrance fees apply. These bird walks are open to the public and all levels of experience.

For more information, visit www. san-capaudubon.org.☆



Grey Painting in painting their old play structure to make it look brand new photo provided

Preschool Playground Structure Restored

ohn Grey Painting has helped the Children's Education Center live up to one of its top priorities as a nature preschool; to reduce, reuse and recycle. On the playground is a structure that, although fully functional, was in need of a

Preschool Director Cindy DeCosta spoke with John Grey at a Rotary meeting about painting the play structure using specialized paint to adhere to the plastic as well as withstand the hot Florida sun. Using his expertise, Grey said it would be no problem.

The Children's Education Center truly appreciates the generosity of John Grey Painting in helping us with our dilemma, DeCosta said. "While it may be an easy paint job for them, allowing us to fulfill one of our nature school objectives is huge to us. It allowed us to save a substantial amount of money as well as

reduce, reuse and recycle."

In an effort to reduce the amount of plastic that the nature preschool uses, all students bring in their own water bottle daily, allowing the use of plastic cups to be eliminated dramatically, and the preschool encourages parents to pack their child's lunch using reusable containers rather than plastic bags for their food.

"It's important to us to support our neighbors," said John Grey, owner of John Grey Painting. "We are happy to partner with the Children's Education Center and be a small part in creating a positive learning environment for island

The Children's Education Center of the Islands is a 501(c)3 nonprofit preschool offering full-time and part-time classes for children ages 12 months to 5 years. The preschool is still accepting applications for the 2018-19 school year, as well as the 2019-20 school year. Summer camps are also offered. Scholarships are available on a limited basis. For more information, call 472-4538 or email cindy@ childrenseducationcenter.com.



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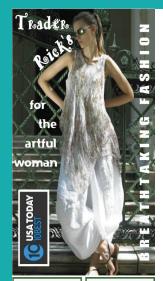
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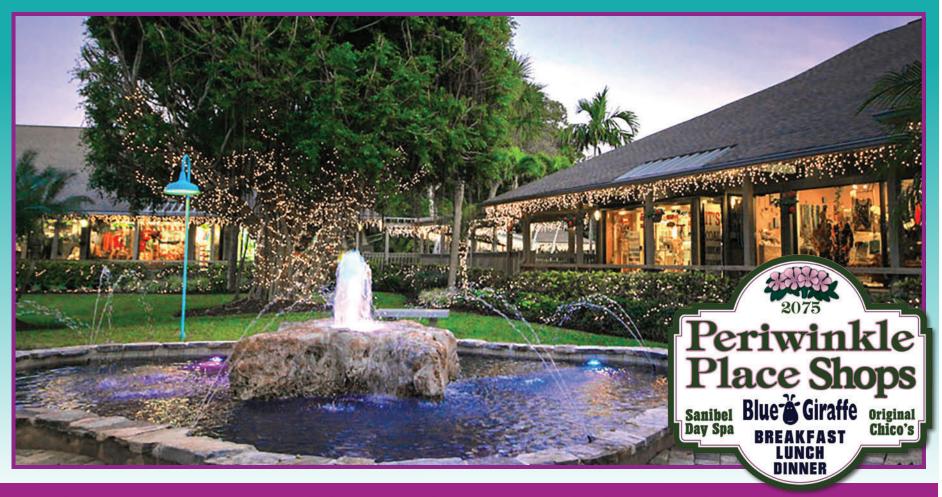




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Bleeding heart vine produces sprays of showy long-stamened flowers

photo by Gerri Reaves

Plant Smart

Bleeding Heart Vine

by Gerri Reaves

leeding heart vine (Clerodendrum thomsoniae) is but one plant in the glorybower, or Clerodendrum, genus that is valued for its extravagant blooms.

Native to West Africa, this twining woody vine produces sprays of white and pink-red flowers that bloom spring to fall. A member of the verbena family, it is also called the glory bower vine and bag flower.

Several varieties exist, including delectum, which has magenta or dark pink bracts - versus white -- as seen here.

Prior to opening, the closed lightercolored outer bracts resemble dangling

bells or a pointed paper Chinese lantern. The bracts (or calyx) remains on the vine after the flowers drop.

The actual flower measures about a half inch across and has a red corolla tube and notably long stamens.

The heart-shaped or oval leaves are opposite and up to seven inches long. They are glossy, evergreen and prominently veined.

Plant this fast grower in full sun to partial shade in well-drained soil.

With stems reaching up to 15 feet long, it works well as a screen.

Give it a vertical support like a trellis, arbor, or fence to encircle and climb.

It can also be grown as a container

It has low salt tolerance.

If you're looking for a dark pink or red vine for your landscape, also consider low-maintenance native coral honeysuckle

consultation, installation and maintenance.

(Lonicera sempervirens), which has the advantage of attracting butterflies and other native pollinators, as well as hummingbirds.

Sources: Florida Landscape Plants by John V. Watkins and Thomas J. Sheehan;

Florida Plant Selector by Lewis S. and Betty M. Maxwell; Waterwise: South Florida Landscapes by SFWMD; and www.floridata.com.

Plant Smart explores the diverse flora of South Florida.☆

A Dozen Authors To Sign Books At Shell Festival

he Sanibel-Captiva Shell Club, sponsors of the annual Sanibel Shell Festival, has gathered a terrific group of 12 authors - many of whom are local to Sanibel – to sign copies of their popular shell- and Sanibel-themed books at the Authors Table this year.

With something sure to please everyone, this year's table features gorgeous books about shells and shell-crafting, as well as Florida's beaches and marine life. There will also be a selection of page-turning Sanibel-based mysteries and beautifully illustrated books for children. A portion of all book sales will be donated to the Sanibel-Captiva Shell Club to provide grants for students interested in the study of malacology (mollusks), local sea life, and marine biology and ecology at the University of South Florida and Florida Gulf Coast

Helping to kick off the Sanibel Shell Show on Thursday morning, March 7 are local authors Anne Joffe and Harlan Wittkopf. Joffe, owner of She Sells Sea Shells on Sanibel, will be signing her popular shell crafting book, ShellCrafting, Vol. 2. Wittkopf, a staple of the Shell Show, will be signing copies of his bestselling books, The Sanibel Kaleidoscope, Beach Treasures of the Gulf Coast (co-authored with Peter Dance) and his children's book Alphie Finds the Seashell Alphabet, along with illustrator Ken Vinton.

On Thursday afternoon, the Authors Table will welcome back Hatsue limuro, the author of a full color book on Sailors'

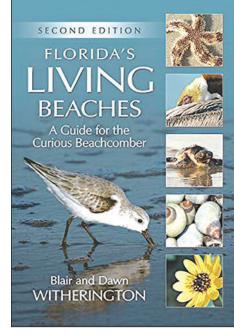


image provided

Valentines, and Karen Bartlett, the author of the popular Mostly Kids' Guides series, including The (Mostly) Kids' Guide to Sanibel and Captiva Islands.

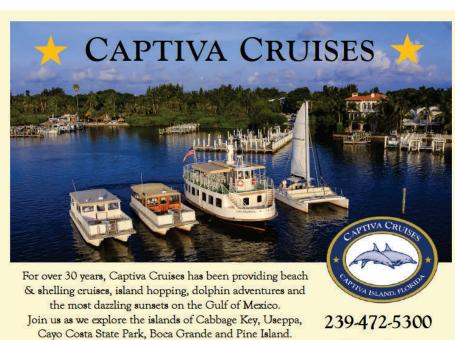
The second morning of the show, March 8, will feature Ron Base, the author of the bestselling Sanibel Sunset Detective series, and Pete Krull and Adrian Gonzalez Guillen, the co-authors of Liguus: The Flamboyant Tree Snails, the first book to cover all named Liguus (tree snails) from Cuba, Florida and Hispaniola, which includes hundreds of color photos.

On Friday afternoon, two local favorites, John Mills, the author of the Pine Island Sound Mystery series, and Bev Dolezal, the author of Seashell

continued on page 20

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Call or book your tickets online! Reservation are Required.



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February 2019

Learn More About Shell Point



Feb. 19,20 & 27 • 9:30 a.m

Learn about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. Admission to the presentation and tour is free; however, reservations are required by calling (239) 466-1131.

Feb. 4 & 11 • 4:30 to 6 p.m.

Spain: Its History and Legacy (Two Sessions)

Join Professor Adrian Kerr as he discusses Spain's glorious history for



over two thousand years. Learn how its strategically important location between the Mediterranean and the Atlantic has led to its enormous influence on world events and language. Tickets for each class cost \$10,* and may be purchased by calling (239) 489-8472.

February 7 at 7 p.m.

Southwest Florida Symphony Series Appalachian Spring

Join Maestro Nir Kabaretti in this synthetic experience of the poetic, visual, musical and dramatic arts through the brilliant compositions of Wagner, Milhaud and Copland. Breathing life into the operas, ballets and literary works that bear their names, Siegfried Idyll, La Création du Monde and Appalachian Spring are true musical masterpieces. Individual tickets cost \$25 and may be purchased by calling the box office at (239) 454-2067, or online at www.shellpoint.org/concerts.



Feb. 8 & 9 • 9 a.m. to 2 p.m.



Shell Point Artists and Artisans Spring Fling

The first annual Spring Fling event will showcase works by Shell Point residents. Enjoy art, photography, jewelry, woodcarving, pottery, glasswork, fiber art, handcrafted items and more. This is a wonderful opportunity to experience Southwest Florida creativity.



February 13 at 7 p.m.

Concerts & Conversations Series Con Brio Quartet, Strings



Con Brio is a young ensemble comprised of four international musicians - violinists Valentin Mansurov and Marina Lenau, violist David Pedraza and cellist Aziz Sapaev. This young, global quartet has been thrilling audiences throughout the United States and abroad. Individual tickets cost \$30 and may be purchased by calling the box office at (239) 454-2067, or online at www.shellpoint.org/concerts.

Feb. 14 • 9 a.m. to 4 p.m.

Community Thrift Store Valentine's Day Sale Save 50% on RED ITEMS STOREWIDE

during Community Thrift Store's Valentine's Day Sale! Shop a wide selection of items that include furniture and home decor, clothing, appliances and much more. For more information, contact Community Thrift Store at (239) 225-6529. 15501 Old McGregor Blvd. Suite 2, Fort Myers.

*If you are unable to attend a class that includes a fee, kindly give 24 hours' notice to receive a refund.



Thermals In Florida?



by Capt. Matt Mitchell

his was yet another week of fishing in what can only be described as very non-Florida-like winter weather. Our conditions were not only unusually cold, but another passing front brought yet another full day of rain. Despite the poor weather, our winter fishing has been outstanding with lots of sheepshead, redfish and black drum keeping everyone happy.

Giving my clients an enjoyable experience during these far-from-picturesque days starts off before they climb onboard by having them wear

enough clothing.

I understand that most of my clients this time of year are accustomed to much colder northern weather. Running around at 30 mph on an open boat during 50 to 60 degree days is cold no matter where you are from. Being cold and miserable is not good for either the angler or the guide.

During these cold mornings, I wear thermals as my base layer and often gloves. It's important to have enough layers of clothing on the water to stay warm when making open water runs and, then, to be able to peel layers off once we stop and the day warms.

Crazy low tides have also played a big part in knowing where to fish for success. During minus-lows, fish get bunched up in great numbers in the many deeper channels and creeks found throughout the sound.

Being able to reach many of the sheltered areas requires crossing an open body of shallow water. Once into one of the fish refuges, take your time and fish slowly. Cold water temperatures equal slower moving fish. Soaking shrimp chunks in the deepest water in these places will often catch fish when no other method works.

Don't be afraid to venture out and go fishing even though nature may not comply with the shorts and flip flops you want to be wearing.

There are lots of fish that still will cooperate even when it's cold out. Better yet, remember it's only 8 degrees at home, so why not go

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.☆



Gale from Pennsylvania with a black drum she caught while fishing with Capt. Matt Mitchell this week









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CROW Case Of The Week:

Florida Softshell Turtle



by Bob Petcher

he Florida softshell turtle (Apalone ferox) is a freshwater turtle that is native to the Southeastern United States.

Interestingly, softshell turtles tend to be more

aggressive because of their delicate shields, in contrast to their cousins with a harder, more protected carapace. Ferox, the second part of the Florida softshell turtle's Latin name, means "ferocious.

At CROW, an adult female Florida softshell turtle, was admitted from the Shell Point Retirement Community and was reported to be tangled in monofilament fishing line. Upon intake, veterinarians noted two separate strands of monofilament line extruding from the mouth of the turtle. Radiographs were taken and revealed two separate hooks attached to two separate lines within the turtle's body.

The following day, the patient was anesthetized and veterinarians used an endoscope - an instrument which can be introduced into the body through the oral cavity to give a view of its internal parts using a small camera - to identify the

hooks' locations within the GI tract inside the turtle

'The endoscopic procedure is used to evaluate the location of the hooks and help plan extraction. The scope can also be used in certain cases to guide removal of the hooks using long extraction tools," said Dr. Kyle Abbott, CROW veterinary intern. "In this turtle's case, the hooks were embedded in two locations, the esophagus and the stomach. Unfortunately, the hooks could not be removed using endoscopic guidance, but the scope did guide our surgical plan.'

While the hook in the turtle's esophagus was completely removed, only part of the hook in the turtle's stomach could be surgically removed.

'The turtle is recovering well after surgery. Her sutures remain intact, and she remains active," said Dr. Abbott. "The remaining piece of hook would have been ideal to remove, but ultimately turtles can survive well with this in their bodies. Her body will isolate the hook with scar tissue, and long-term it is highly unlikely to present an issue for her."

The patient is expected to be returned to the wild soon. "The turtle will be released later this week as long as she continues doing well with recovery," said Dr. Abbott.

There were 101 cases for hook and line entanglement reported at CROW in 2018, an increase from the 65 patients that arrived with fishing hooks or monofilament line entanglement in 2017.

"Monofilament line and fish hooks in the environment often affect species such as this softshell turtle. Removing



Patient #19-0168 after the removal of two hooks within its body

photo by Brian Bohlman

any leftover or caught line helps reduce the impact we have on other species in our ecosystems," said Dr. Abbott. "Any opportunities people take to remove fishing hooks and line from our waterways have the potential to save

Not only can the clear, strong, flexible plastic do harm to birds, manatees, turtles, whales, dolphins and rays (to name a few), it also non-biodegradable. Scientists estimate it can take 300 to 500 years to decompose.

The rehabilitation clinic is continuously involved in a campaign called Clear Your Gear with other island organizations

such as the City of Sanibel, Sanibel Sea School, Monofilament Busters, SCCF, FWC and "Ding" Darling Wildlife Society.

For more information on the Monofilament Recovery and Recycling Program, visit mrrp.myfwc.com/faqs.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or

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Dwarf Surf Clam



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Mulinia lateralis (Say, 1822) is a small white clam that may reach 18 mm (0.7

inch) in length. Surf clams belong to the family Mactridae, and one of the main features that distinguish them from other local bivalves is the presence of an internal ligament. The ligament is the brownish structure near the shell beak that, acting as a spring, helps keep the shell valves slightly ajar when the clam is relaxed. Dwarf Surf Clams have their beaks in a central position, and a ridge on the posterior region of the shell. Shells of this species have been found in large numbers by local collectors on Sanibel and Captiva during the 2018–19 Winter Season.

Learn more about this species and other local mollusks at www. shellmuseum.org/southwest-floridashells and www.shellmuseum.org/blog.

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum



The Dwarf Surf Clam, Mulinia lateralis, from Sanibel

in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆

photo by José H. Leal

Spring Bazaar At Sanibel Church



Merlin sporting his Mardi Gras look with items from the Almost Spring Bazaar photo provided

The Sanibel Congregational United Church of Christ Almost Spring Bazaar will be held at on Saturday, February 23 from 9 a.m. to 1 p.m. Arrive at 9 a.m. for coffee and pastry while perusing jewelry, housewares, baked goods and furniture (no clothing for sale). There will also be a silent auction and you do not need to be present to win. Ample parking is available.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel. For more information, call 472-0497.

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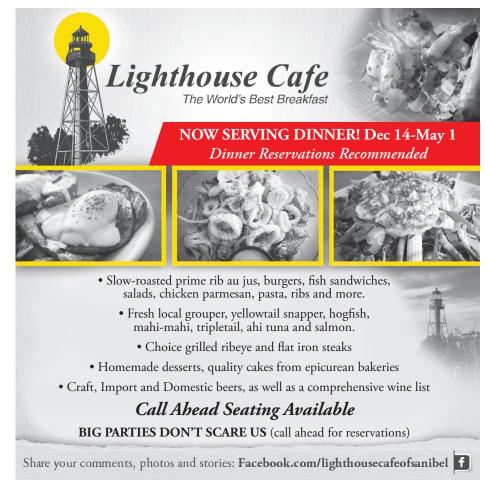
Irish Chocolate Truffle Martini

In a shaker, add ice, 3 oz. Five Farms Premium Irish Cream, and 1 oz. 360 Double Chocolate Vodka. Shake until chilled and serve in a martini glass.



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magine the first aquarium in the world truly devoted to mollusks, the amazing animals Lithat create the shells you find on the beach. Imagine looking eye-to-eye with an octopus who is smarter than your dog and can do lots of things you can only dream of. Imagine 10 aquariums full of mollusk species from around the world – animals you didn't know existed. And now imagine this dream becoming a reality, because the Bailey-Matthews National Shell Museum just celebrated a successful groundbreaking on its Alive! project, which will expand the museum to include an innovative aquarium with all types of amazing mollusks, including octopuses, cuttlefish, giant clams and squids.

By adding a living collection of mollusks to its already extensive shell collection, the museum aims to better educate its visitors by connecting people with the natural world around us and inspire the community by sharing its passion for protecting our oceans' amazing biodiversity.

We're grateful to our wonderful community for all that you have done to make Alive! an enormous success to date and for all that you will do to help us meet remaining priorities in the coming months. By helping us raise 60 percent of our provisional goal, you have already tremendously helped the Bailey-Matthews National Shell Museum make a difference in our community, and around

the world. Based on our momentum, it's clear that the museum's focus on our natural environment is shared by many, but there's still work to do.

In the weeks that follow, look for the What's Now What's Next column each week in the Island Sun for updates on construction, for exciting information on the animals the aquarium will feature, and for opportunities to join us in our mission. This is YOUR museum and we want to keep you up-to-date every step of the way along this journey.



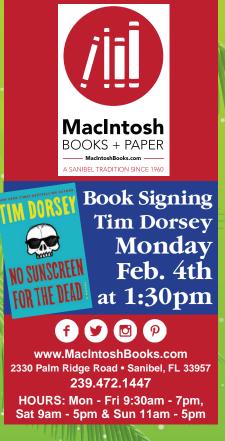
Dorrie Hipschman Executive Director, Bailey-Matthews National Shell Museum.

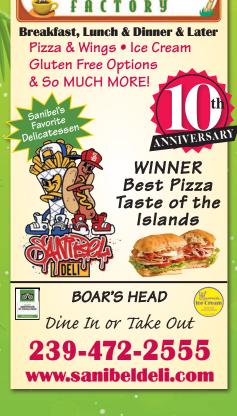


Dorrie Hipschman

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Roadside Naturalist To **Share Stories**

hotographic journalist Rick Bunting returns to present a new program, entitled 2018 Stories From a Roadside Naturalist, as part of the Sanibel-Captiva Audubon Lecture Series on Thursday, February 7 starting at 7:30 p.m. at The Community House. Bunting will again utilize his unique perspective and excellent photos to expand on nature around us to reveal many interesting beings and their activities.

Bunting's program will feature observations, stories and photos of a variety of wildlife found near his home in central New York and elsewhere. It will follow his year of 2018. Most of the photos are from the local roadside, although photos from his yearly visit to Florida will be included as well. In this time of programming on television that takes us to exotic and secluded places to view the wonders of the natural world, Bunting believes it is important to focus on that which is readily accessible to remind us all that the magic and mystery of nature is close at hand for all to see.

Professor emeritus from the Crane School of Music at SUNY Potsdam, Bunting served as chair of music education and conductor of the renowned Crane Chorus. His retirement has allowed him to pursue his interest in birds and other wildlife. The idea of taking pictures evolved from a simple desire to share what he was seeing. He presents programs to a



Pileated woodpecker

photos by Rick Bunting

wide variety of organizations including bird, garden and naturalist clubs, Audubon groups and service, social and church groups. Bunting has also developed a personal online following of those who receive his almost daily photographic email updates.

This is the sixth of nine Sanibel-Captiva Audubon lectures to be held in 2019. As always, all are welcome. Doors open at 6:30 p.m. and parking is available at The Community House and across the street in the Herb Strauss Theater parking area. A \$10 donation per attendee is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in

For more information, call Bill Jacobson at 395-1878 or visit www. san-capaudubon.org. The Community House is located at 2173 Periwinkle Way on Sanibel.☆



Beaver

From page 14

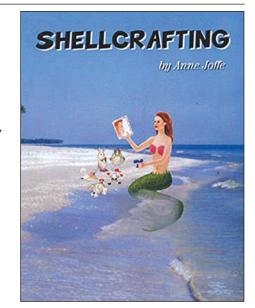
Shell Festival

Poems and Reflections to Soothe the

Soul, will be signing their books. On Saturday, March 9, naturalists Blair and Dawn Witherington will be signing copies of their bestselling books, Florida's Living Beaches: A Beachcomber's Guide, Florida's Seashells and Our Sea Turtles.

Also at the Authors' Table the morning of March 9 is local author Jennifer Lonoff Schiff, who will be signing copies of her bestselling Sanibel Island Mystery series, including A Shell of a Problem, which takes place at the Sanibel Shell Show. That afternoon, Alice Cypress will be signing copies of her children's books Scuba Zak Meets Thaddeus the Barracuda and Scuba Zak Searches for

The Sanibel Shell Festival takes place on Thursday and Friday, March 7 and 8 from 9 a.m. to 5 p.m. and on Saturday, March 9 from 9 a.m. to 4 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. The suggested



donation for entry is \$5 per person and includes free admission to the Bailey-Matthews National Shell Museum during the festival, a \$15 value.☼



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Museum leader Leigh Gay showing evidence of digging in the sand for live mollusks to photos courtesy Bailey-Matthews National Shell Museum

Museum Hosting Second Costa Rica Excursion

by Jeff Lysiak

arly next year, the Bailey-Matthews National Shell Museum will be offering an exclusive nine-day adventure to Costa Rica, which organizers are describing as an eco-excursion where participants will observe and explore some of the most beautiful flora, fauna and marine life to be found in Central America.

From February 3 to 11, 2020, the group from the museum - led by science director/curator Dr. Jose H. Leal and outreach coordinator Leigh Gay - will explore some of Costa Rica's most awe-inspiring parks and natural settings. They include Arenal Volcano National Park, Danaus Eco Center, Tarcoles River, Marino Ballena National Park and the Caño Island Biological Reserve.

"The trip last year was really cool," said Gay, who is looking forward to returning to Costa Rica next year. "When we arrived at night, we couldn't really see anything after we got to our hotel. But the next morning, I got up and looked out my window. You could see this giant volcano!'

During the excursion, participants will discuss Costa Rica's geological history while hiking in Arenal Volcano National Park, go snorkeling at Caño Island to view marine mollusks and examine issues of conservation and sustainability as they relate to tourism.

And while shelling in Costa Rica is strictly prohibited, participants will learn about the region's diverse mollusks from Dr. Leal, who is a world-renowned malacologist.

After flying into San Jose, the group will travel to Arenal. On day three, a long trip to Esterillos Este will include a boat ride along the picturesque Tarcoles River, where a wide variety of colorful bird species may be spotted. "During



Last year's participants on the way to their first stop at Arenal volcano, just after arriving at the San Jose airport

last year's riverboat cruise, I spotted a scarlet macaw and a huge, 17-foot American crocodile," said Gay, who noted that guests will enjoy plenty of time for independent exploration.

During the excursion, which is limited to 14 participants, travelers will take part in daytime and evening hikes as well as boat trips and snorkeling excursions in locations including Arenal, Esterillos Este, Uvita and San Jose. Costa Rica provides an opportunity to explore diverse habitats, national parks and private reserves.

Day six will begin with a morning snorkeling excursion in Uvita. "Every morning we were there, we were woken up to the sounds of howler monkeys,' added Gay. "We went snorkeling and looked for mollusks, and the water was perfectly clear. It's a wonderful location because you're surrounded by the rainforest.

Participants will then visit Marino Ballena National Park, Costa Rica's first marine park. The following day, the group will venture to Caño Island to do

continued on page 22



Conservation Photography & Ethics — February 19

Nature photography is especially popular here but our ecosystems are fragile. Learn about what considerations to keep in mind from SCCF's Public Outreach Coordinator and published photographer, Alexis Horn.

Tuesday, February 19 at 10 a.m. \$5 adults.

Florida Panthers & Wildlife Corridors — February 5

Florida panthers are the rarest mammals in North America — and their future depends on wildlife corridors. The last few years have seen record-breaking panther deaths but there is hope. Alexis Horn ran the Sierra Club's Florida Panther program before joining SCCF. Tuesday, February 5 at 10 a.m. \$5 adults.

Shorebirds of Sanibel & Captiva — February 14 & 28 Jin SCCF biologists to learn about the snowy plovers, least terns and Wilson's plovers that nest on our beaches. Learn how you can safely share the beach and help us protect our feathered friends.

Thursday, February 14 (and 28) at 2 p.m. \$5 adults

Turtle Tracks — February 7 & 14
Sanibel Island had one of the first sea turtle monitoring programs in the country. Learn about the life cycles and habits of the sea turtles and shorebirds that nest on our beaches, SCCF's monitoring activities, and what we are doing to protect them. Thursday, February 7 & 14 at 10 a.m. \$5 adults.

Guided Walking Tours... Call 472-2329 for more info **Bowman's Beach & Bay** — Feb. 6 & 13 at 9 a.m. Meet your SCCF guide at the foot of the bridge to the beach. Walk the beach towards Blind Pass and return along the back bay/bayou trail, looking for shorebirds and gopher tortoises. The walk is free but you must pay to park. Weeds & Seeds — Feb. 4 at 8:45 a.m. Walks last two hours and are guided by a leader with a plant list. Meet on the Nature Center Porch. You may need parking money. Please bring hat, water, sunblock and wear closed-toe shoes. Donations welcome.

Trail Walks at the Nature Center — Sanibel's interior freshwater wetlands make it unique; join us for a guided tour through the ridges and swales to learn more about this fragile ecosystem. Tues. - Thurs. at 11 am

SCCF's Native Landscapes & Garden Center

Come visit our Native Landscapes & Garden Center at at the Bailey Homestead Preserve, 1300 Periwinkle Way, with demonstration gardens of different island habitats. See the new Water exhibit opening Feb. 4, with works by the San-Cap Art League inside the Bailey House in the mornings, Mon.-Sat. Works will be available for sale with 20% of proceeds directly benefiting SCCF. Garden Center Hours: 8:30 a.m. - 5 p.m. Mon.-Fri. and 10 a.m. - 3 p.m. on Sat. While you're here, explore the Shipley Trail, starting near the Roadside City Park entrance. The Shipley trail connects to the City of Sanibel's Pond Apple Park Trail.

Explore Our Nature Center, Trails and Observation Tower *Nature Center* – live turtles, snakes, a bee's nest (enclosed with glass for viewing), videos, 4 miles of walking trails with an observation tower. \$5 adults

Sanibel-Captiva Conservation Foundation

3333 Sanibel-Captiva Road (one mile west of Tarpon Bay Road) Nature Center: Open Monday-Friday 8:30 a.m. - 4 p.m. Garden Center: Open Mon-Fri 8:30 a.m.-5 p.m.; Sat 10 a.m.-3 p.m. SCCF: (239) 472-2329 Garden Center: 472-1932 www.sccf.org



The 1965 Ford Galaxie 500 Police Interceptor, driven by Don Knotts in The Andy Griffith Show, on display at the January cruise-in photo provided

Classic Car Show

The San Cap Motor Club will host its monthly Cars & Coffee Cruise-in at Periwinkle Place Shopping Center this Saturday, February 2 from 9 to 11 a.m. All are welcome to bring their classic vehicles and no pre-registration is required.

One of the highlights of the January show was the 1965 Ford Galaxie 500

Police Interceptor, which was driven by Don Knotts in The Andy Griffith Show in the mid '60s.

A continental breakfast, coffee and other refreshments will be provided by Blue Giraffe Restaurant.

For more information about membership, call Scot Congress at 472-4177 or email scot@scongress.com.

Periwinkle Place Shopping Center is located at 2075 Periwinkle Way.



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From page 21

Costa Rica



Isla Caño, a pristine island known for its great snorkeling, was just one of the highlights of last year's trip to Costa Rica photos courtesy Bailey-Matthews National Shell Museum

some more snorkeling. The island's reserve is home to more than 70 species of oceanic wildlife, including sea turtles, whales and dolphins.

The final night in San Jose, we'll have a farewell dinner," said Gay. "I really like Costa Rica because it's the Pacific Coast and you see things

you never see in Southwest Florida. Ít's a beautiful place and a wonderful experience.'

For pricing, to inquire about reservations or for additional information, contact Lisa Palmese-Graubard at 800-451-7111 ext. 339 or lisa@holbrooktravel.com.☆



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Elizabeth Preciado

photo provided

Refuge Welcomes Visitor Services Intern

Tisitor services intern Elizabeth Preciado arrived recently to help the JN "Ding" Darling National Wildlife Refuge on Sanibel with staffing shortages this season, thanks to funding from the "Ding" Darling Wildlife Society-Friends of the Kefuge (DDWS).

Preciado, a senior at the California State University at Sacramento, will

graduate in May degreed in recreational parks, tourism and administration with a concentration in management, and certifications in natural resources and outdoor experience.

She will be assisting Supervisory Refuge Ranger Toni Westland in overseeing programs and amenities for the more than one million annual visitors to the refuge. Preciado looks forward to learning more about daily operations, managing the Visitor & Education Center, special fundraisers and educational programs that help visitors to understand and support the refuge's mission, she said.

What I love about Sanibel so far is the environment," said Preciado. "I am not only amazed by its wildlife here on the refuge but, by the community. Everyone has been so welcoming and kind. It's great to be welcomed and feel like I have a second family here at the

We embrace Elizabeth's energy and enthusiasm as a positive addition to the team," said Westland. "We thank our friends group for making her internship possible. With our shrinking staff, due to federal budget cuts and the current shutdown, it's crucial for this sort of partnership to keep the refuge running.'

For more information about internship programs at the refuge, contact Westland at 472-1100 ext. 237. To learn about supporting the refuge intern program, contact Birgie Miller, DDWS executive director, at 472-1100 ext. 4.☆

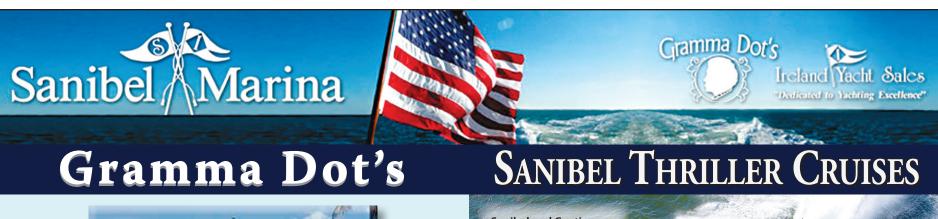
Shells Found



Little Joe Skaggs and an assortment of shells

photo provided

ittle Joe Skaggs, visiting from Pataskala, Ohio found a nice assortment of shells while vacationing on Sanibel January 17 to 26 for a destination wedding. Skaggs also reported a shark sighting on January 24 while staying at Sundial Beach Resort & Spa.☆





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CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. Daily presentations are offered at 11 a.m. and 2 p.m. Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m., and Wednesday, Thursday and Friday at 2 p.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, February 1, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, February 1, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Friday, February 1, 2 to 3:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, February 1, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Saturday, February 2, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Baby Care at CROW (daily presentation).



Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, February 2, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Monday, February 4, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, February 4, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Monday, February 4, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, February 5, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

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Opossums (daily presentation). Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be

present. Tuesday, February 5, 4:15 p.m., adults: \$10, ages 13 to 17: \$5, ages 12 and under no charge, advance registration recommended (seasonal program) – Speaker Series: Introduction to Wildlife Photography presented by Kim Patmore, photographer and CROW supporter.

This program is designed for beginner aspiring photographers and will conclude with an opportunity to photograph one of CROW's animal ambassadors, You will learn tips about photography basics, such as lighting and composition, to help you capture the best wildlife photographs suitable for framing.

Wednesday, February 6, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, February 6, 11 a.m. adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One

of CROW's animal ambassadors will be

Wednesday, February 6, 2 to **3:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

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Thursday, February 7, 11 **a.m. to 12:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

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Shells Found

Shell Found



Jeanne Nicholson

photo by A. Ziehl

eanne Nicholson, visiting from Collierville, Tennessee, found a junonia on the beach while staying at Beachview Cottages. "I was out early," found a shell pile and sat down for a bit," said Nicholson. "As I stood up, I saw my junonia. Like I hatched it!"

Shell Found



Jim and Carolyn Mair

photo by A. Ziehl

im Mair, visiting from Aumsville, Oregon, found a junonia on the beach while staying at Sundial Beach Resort & Spa. "We love this place!" said Mair.\$

Shell Found



Bob Prezant

photo provided

ob Prezant, marine biologist and provost at Southern Connecticut State University, found a junonia on the beach between Sanibel Inn and Lighhouse Beach on January 7. Prezant and his wife, Fran, have been coming to Sanibel for 40 years, always looking for junonia. "Finally... satisfaction!" they



Sally Colby

photo by Justin Wilder

ally Colby from Hartland, Wisconsin found two Scotch bonnets; one at Lighthouse Beach and one at Sundial Beach Resort & Spa, where she was staying. She said she almost stepped on one.☆







Wild Turkey Quesadilla

2 cups cooked wild turkey meat, diced or shredded

- 1 sweet onion, thinly sliced
- 6 strips bacon, cooked and crumbled
- 1 cup Monterey jack cheese (or your favorite), grated
 - 8 small flour tortillas
 - 2 tablespoons butter

Sea salt and fresh ground pepper, to taste Shred or dice the turkey meat and set aside.

Preheat a large buttered sauté pan to medium heat. Cook onions for 10 minutes or until caramelized. Remove and set aside. Using the same pan add one tablespoon of butter. Build the quesadilla by layering in the following order: flour tortilla, grated cheese, caramelized onions, bacon, turkey, more cheese then cover with another tortilla. Brown on both sides until cheese is melted. Serve warm with sour cream and guacamole.

'Fresh" tip: Any type of turkey can be used in this recipe.



Turkey Quesadilla

photo courtesy Fresh From Florida

LIVE ON THE **ISLANDS**

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday. Mike Arnone plays on Monday. Woody Brubaker performs on Tuesday. Dusk returns on Wednesday. Woody Brubaker and Barbara Dexter play on Thursday.

> Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.☆

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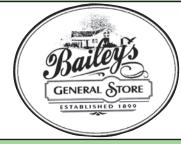




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A scene from A Plastic Ocean, which seeks solutions to the current plastic sea pollution photo provided

Film Examines Plastic Pollution

he 7th annual "Ding" Darling Wednesday Film Series continues its bi-weekly showings on February 6 with a showing of *A Plastic Ocean* at 1 p.m. in the JN "Ding" Darling National Wildlife Refuge Visitor & Education Center on Sanibel.

A Plastic Ocean's message raises the awareness of plastic pollution and the existing solutions. The documentary follows the scientific journey of plastics in the oceans, demonstrating that once they enter the oceans, they break up into small particulates that poison marine life and enter the food chain. Humans eventually consume the toxins.

"Ding" Darling Wildlife Society-Friends of the Refuge hosts the free film showings with sponsorship from Sanibel-Captiva Beach Resorts. Seating is limited and on a first-come basis.

Following are the season's remaining scheduled films. All films begin at 1 p.m. A short discussion will follow each film to allow visitors to gain more from their documentary-viewing experience by listening to other people's points of view and analyzing what they just watched. For full descriptions of the films, visit



image provided

www.dingdarlingsociety.org/articles/

lecture-and-film-series.
February 6 – A Plastic Ocean
February 20 – Saving Sea Turtles March 6 – Jane March 20 – Invasion of the Giant

Puthons April 3 – Saving Atlantis.☆

Tech-Savvy Paddling

by Kealy McNeal

lthough many of us escape to nature when we need a break from civilization, there are times when technology can be useful on the



water. Today's smartphones can serve as a lifeline during an emergency, and there are numerous apps with potential to enhance our paddling adventures. Here are a few we recommend:

GoPaddling connects a large community of paddlers, so it's a great download if you are looking to exchange knowledge and ideas. There is information about more than 25,000 paddling locations, with details about important logistical considerations like parking and launch sites. Members have shared both positive and negative experiences to help

you know what to expect.

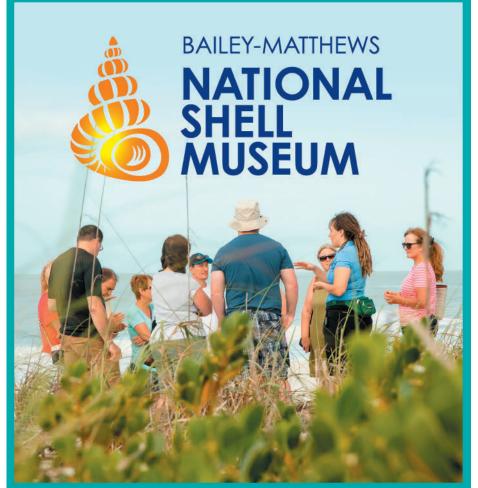
Kayaklog will track your speed, distance and time. It links directly with a website of the same name to create a real-time, custom logbook of your data, photos and notes in one place. This app also makes it easy to share your adventures with friends via social media.

Paddleready is an excellent tool for beginners, offering a way to review the standard safety and rescue procedures that all paddlers should be familiar with. With a huge database of ACA-certified instructors, it can also help you find and schedule lessons in your area. Additionally, there are wind speed, weather and river readings to check before you head out on the water.

Whether you are a tech-savvy paddler or you prefer to leave your phone at home, Ocean Tribe Outfitters is here to

support your paddling adventures.

Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit www. oceantribepaddlers.org or follow on Facebook to learn more.



DISCOVER THE BEACH FOR THE FIRST TIME.

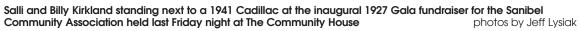


Walks depart at 9 a.m. every day, from the Island Inn. Advance reservations are required. Register online at:

SHELLMUSEUM.ORG/BEACH-WALK

Highlights Of Sanibel Community Association 1927 Gala







Larry and Jilaine Stevens dressed in period costumes



James and Nicole McHale arriving on the red carpet



From left, Bea Pappas, Tommy Williams and Deborah Butler



From left, violinist Renata Arado, pianist Erik Entwistle and cellist Timothy Torres performing LaRevue de Cuisine



SCA volunteer Jeri Magg talked about the history of The Community House



Honorary gala chairs Mariel and Porter Goss



Auctioneer Tommy Williams, center, encouraging attendees to bid during the live auction



From left, Richard Johnson, Roger Grogman and Lew Gould



Gulf Coast High School's Titan Jazz Band performed throughout the evening

Oregano





by Resident Chef Jarred Harris

regano, also called origanum or wild marjoram, is a medicinal and culinary herb that is a member of the mint family. It has been used medicinally since the time of the ancient Greeks. In fact, oregano was initially used as a medical plant before it became a popular cooking ingredient.

The name oregano comes from the Greek words oros, for "mountain" and ganos, for "joy" or "splendor." Oregano was first used by the Ancient Greeks and in Greek mythology, the goddess Aphrodite grew the herb on Mt. Olympus and gave it to man to make his life happier. The herb was mainly used for medicinal purposes; however, Greek farmers believed that cows that grazed in fields of oregano had tastier meat.

Oregano was not widely used in the United States until after the

second World War. American soldiers discovered the herb during the Italian Campaign and brought it back to the United States. Soon after, the herb was often called the pizza herb, because it was commonly used in pizza sauce.

Oregano contains vitamins A, C and K, minerals such as iron and manganese. One hundred grams (½ cup) of oregano contains 159 percent of your daily intake of calcium and 204 percent of your daily intake of iron. It also has four times the antioxidants of blueberries, 42 times the antioxidants of apples and 12 times the antioxidants of oranges.

Oregano can be found fresh, dried in most grocery stores, and oregano oil can be found in most health food shops.

Here is a simple recipe for you to try:

Grilled Shrimp Marinade

Ingredients

½ cup fresh oregano leaves ½ cup capers

1 garlic clove (minced)

1 cup extra virgin olive oil Zest and juice of 1 lemon

1 tsp. freshly ground pepper

 $2\ {}^{1\!/_{\! 2}}$ pounds large shrimp (peeled and deveined)

Method

Place the first six ingredients in a blender and blend until smooth.

Place the shrimp in a plastic zipper bag and pour the marinade on the shrimp. Refrigerate for 1 hour (overnight is best).

Remove the shrimp from the bag and grill.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.**

American Legion Post 123

merican
Legion Post
123 is having a
Super Bowl party this
Sunday, February 3.
A free buffet opens
at 1 p.m.; donations
appreciated. A 9-ball
tournament also
begins at 1 p.m. There will be live

music from 2 to 6 p.m. and a raffle drawing at half time.

The following Sunday, February 10,

The following Sunday, February 10, barbecued ribs and chicken are on the menu from noon to 8 p.m.

All are welcome to come out and join in the fun for Open Mic Night on Thursdays from 5 p.m. to close.

Non-perishable food items for FISH of SanCap can be dropped off during regular operating hours.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play. If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.

From page 1

Pulitzer Prize Winner

environments, supporting human life for millennia. Davis starts from the premise that nature lies at the center of human existence, and takes his audience on a compelling journey from the Florida Keys to the Texas Rio Grande, along marshy shorelines and majestic estuarine bays, profoundly beautiful and life-giving.

At the center of Davis' talk is the way people, from pre-Spanish natives to present-day coastal residents, have organized their societies and individual lives around nature, and how gulf nature has been a positive force in human events.

Cost is \$10 per person and advance reservations are required online at www.shellmuseum.org/event-calendar. The Community House is located at 2173 Periwinkle Way on Sanibel.





BIG ARTS Offering Cultural Party Bus Tour In March

IG ARTS is hitting the road in March with a bus tour that features many of the prominent art galleries in Fort Myers. The tour, scheduled for Wednesday, March 20, will include stops at the Bob Rauschenberg Gallery, Alliance for the Arts, DAAS CO-OP Art Gallery, Marcus Jansen's Unit A and lunch at The Edison. Each gallery visit will include a gallery tour and talk. The \$125 ticket price includes transportation, a lunch at Edison Restaurant, and wine and snacks on the trip back.

"We are very lucky to have so much world-class artistic talent right in our own backyard," said BIG ARTS Executive Director Lee Ellen Harder. "This was a great opportunity to share with the Sanibel and Captiva communities, the amazing culture Southwest Florida has to offer."

Guests who take the trip across the causeway will enjoy a full day of gallery hopping starting with a walk and talk with Marcus Jansen in his private gallery Unit A. Jansen is one of the most important representatives of postmodern painting in the United States, where in 2011 he received the award as the most innovative artist of the year. Jansen is one of a handful of international artists and



leading combatant of the avant-garde, whose paintings are situated between contemporary and street or graffiti art elements that explore and document the human condition critically, socially and politically.

Following Unit A, the bus will make a stop at The Edison for lunch where guests can take in the old Florida architecture and select from a menu of American classics. After lunch, the tour continues with DAAS CO-OP, Southwest Florida's premier fine arts and crafts cooperative art gallery. Artist and founder David Acevedo will lead guests on a tour of the gallery and discuss their mission of making sure fine art is accessible to all.

The next stop will be Alliance for the Arts where guests will view the 33rd annual All Florida Juried Exhibit. Exhibitions coordinator Krista Johnson will lead guests through the exhibition that features pieces created by artists working in a wide variety of media from all over the 65,000 square miles that make up Florida. The juried entries come together for an award-winning exhibition representing today's contemporary Florida artists.

The final stop of the tour brings guests to the Bob Rauschenberg Gallery, where director Jade Dellinger will give a talk on the internationally renowned exhibit Guerrilla Girls: Rattling Cages Since 1985. The Guerrilla Girls are an internationallyrenowned feminist advocacy and art collective that maintain anonymity while confronting and addressing systemic problems of gender and racial parity in the art world. Attacking art institutions

for discriminatory and inequitable practices on their own gallery walls, the Guerrilla Girls have designed a participatory chalkboard installation for visitor "complaints" and covered the Bob Rauschenberg Gallery floorto-ceiling with an immersive selection of the group's most notable public art/ protest poster campaigns.

Tickets go on sale to the public on Monday, February 11. Pick-up location will be Publix Super Market at Sanibel Beach Place, located at 20321 Summerlin Road in Fort Myers. For more information and to purchase tickets, contact the box office at

395-0900.☆

Top Ten Books On The Island

- 1. Secrets in a House Divided by Clara Silverstein
- 2. America's First Daughter by Stephanie Dray

 - 3. Pachinko by Min Jin Lee 4. Becoming by Michelle Obama
- 5. Next Year in Havana by Chanel Cleeton
 - 6. Alice Network by Kate Quinn
- Returning North with the Spring by John Harris
- 8. I, the Sanibel Sunset Detective by Ron Base
- 9. Lying Game by Ruth Ware
- 10. Great Believers by Rebecca Makkai

Courtesy MacIntosh Books and Paper.☆



5th Anniversary Tour Events Near You

More than just Opera...



SONGS OF INSPIRATION

MAR 10 | 4:00 PM First Christian Church Fort Myers



DON PASQUALE

FEB 10 | 7:00 PM Sanibel United Church of Christ

A rambunctious romp! with sets, costumes and orchestra

OPERA MEETS BROADWAY GALA

MAR 2 | 3:00 PM Moorings Presbyterian Church **Naples**

> Credits include Porgy and Bess, Les Miserables, Phantom, NBC's Jesus Christ Superstar, and ABC's Scandal



Morgan Stanley

THE BLAGOJEVIC-SAZONOV GROUP AT MORGAN STANLEY



In The Market For Murder

by Di Saggau

Jennifer Schiff's protagonist, Guinivere "Guin" Jones, is back on the scene in her newest book *In the Market for Murder*. It's the third in her Sanibel Island Mystery Series. Guin is a

reporter for the Sanibel-Captiva Sun Times who often finds herself involved in a murder. This tale is no exception. While searching for the perfect house, within her financial range, Guin unexpectedly finds the body of a young woman. The hunt is on. With her sometimes nemesis Detective William "Bill" O'Loughlin, she starts to investigate the murder coming up with multiple suspects.

Guin drives her purple Mini Cooper around the island visiting numerous local haunts that we are all familiar with and enjoy visiting ourselves. She also creates a fictional French patisserie where she purchases the most scrumptious sounding pastries including pain au chocolat. I wanted to go buy one immediately.

Guin's handsome boyfriend Ris is preparing for the Florida Ironman competition, and he is encouraging Guin to move into his cottage on Fort Myers

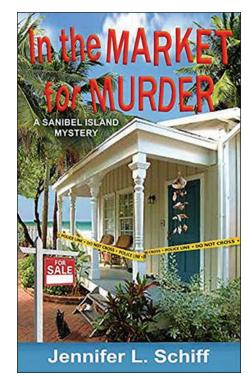


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Beach. As much as she cares for him, the idea of moving in makes her uneasy. For now, she is enjoying living on her own in her own place. Besides, she's too busy with the murder investigation to consider a move.

The young girl who was murdered is identified, and her reputation is a bit tainted as far as to her relations with men. Guin interviews numerous suspects as she covers the case for her paper. I

admire Schiff's gift for dialogue among the many characters. It's realistic and keeps the reader guessing as to who is the guilty party.

In the Market for Murder has many memorable characters and places and, of course, her two feline companions, Flora and Fauna. The book is full of twists and turns as Guin searches for a killer. The epilogue has a "cliff hanger" ending that makes the reader anxious for the next

book. It won't be long, as number four in the Sanibel Island Mystery Series is due out in the summer of 2019.

Schiff will have a book signing on Friday, February 8 from 11 a.m. to 1 p.m. at Macintosh Books and Paper, located at 2330 Palm Ridge Road in Palm Ridge Place Shopping Center. On Monday, February 18 at 2 p.m., she will do an author talk and book signing at the Sanibel Library.

School Smart



by Shelley M. Greggs, NCSP

Shelley,
My son
was just placed
on an Individual
Education Plan
(IEP) for a
learning disability.
The teachers
used the words

accommodations and modification a lot. It seemed like they meant the same thing but now I'm not so sure. What do these words mean for a student with an IEP?

Frannie C Fort Myers

Frannie,

When your child has an IEP or a 504 plan, you'll likely hear the terms "accommodation" and "modification" from the IEP or 504 team. While they sound similar, they serve different purposes. Accommodations change how a student learns the material. A modification changes what a student is taught or expected to learn.

When a child is struggling, one possible strategy is giving him less schoolwork or simpler assignments. This is called a modification, and it's not the same as an accommodation. While modifications can make school easier for kids, they can have serious drawbacks, too.

Most schools have academic standards for what kids are expected to learn in each grade. Modifications change these expectations. They're typically used when a child has trouble keeping up in school.

Here's an example of a modification. Let's say all third graders in school X are usually expected to learn multiplication. For a third grader with a learning disability in math or dyscalculia, who hasn't mastered addition, a school may offer a modification where the child keeps working on addition, while his peers move on to multiplication. Or he may learn multiplication, but only with basic problems, have fewer test questions or less homework. These are modifications because they change what the student is expected to learn.

Along with modifications, you may also hear the term accommodations, which are not the same as modifications. Remember, modifications change what a child is taught or expected to do in school. Accommodations change how a child learns or accesses the curriculum.

Here's an example of an accommodation. A third-grade class is expected to read a lengthy chapter book, however a student with a reading disability/dyslexia is struggling to read the book at the same pace as the rest of the class. An accommodation could

be to let the student use text-to-speech technology to read the book or other accommodations. This can help the student keep up with the rest of the class as they read and learn about the whole book.

Modifications are controversial among schools, teachers and parents. While it's true that modifications can make school less of a struggle for students, the result of modifications can be that a child learns less than his peers and might fall behind on important skills. Over time, this can put a child at a big disadvantage. A student that's had modified coursework won't be in a good position to pass a graduation exam. Also, in some states, a child who's received modifications may not be eligible for a high school diploma, only a certificate of completion, clearly limiting the child's future career and education options. Because of these drawbacks, experts recommend parents try accommodations before modifications.

Of course, some kids must have modifications in specific academic areas. Kids who are far behind and can't yet work at grade level usually need modifications. For example, if a child is reading several grades below grade level, his IEP may include modifications for reading. However, the IEP must still have ambitious goals to help the child make progress toward the grade-level standard.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

Resident Named To Dean's List

annah Alston Fay, a resident of Sanibel, has been named to the fall 2018 Dean's List at Wofford College in Spartanburg, South Carolina.

Local Named To Fall Dean's List

Rachel Campbell has been named to the Dean's List for the 2018 fall semester at Elon University. The Dean's List is composed of students with a grade point average of at least 3.50 in a minimum of 12 semester hours. Campbell is the daughter of John and Kathleen Campbell of Sanibel.





Great egret by Shah Hadjebi

Art Exhibit At Sanibel Bank

anibel Captiva Art League member Shah Hadjebi is exhibiting his art for the month of February at Sanibel Captiva Community Bank. Hadjebi is a full-time watercolor artist who resides on Sanibel. Starting out as a musician, he eventually discovered that painting is his passion and his most natural artistic outlet. His subjects range from automobiles and

animals to still life and realism.
Sanibel inspires Hadjebi with an endless array of subjects. He brings to life the wading birds on the beach and at the JN "Ding" Darling National Wildlife Refuge. He captures the popular island landmarks, as well as the variety of classic automobiles at local car shows. Hadjebi's main goal is to bring some presence and mindfulness into this hectic world and to live a life where inner and outer purposes are aligned. He recently won two people's choice awards from the Fort Myers Art

Viewing hours are 9 a.m. to 4 p.m. Monday through Thursday and 9 a.m. to 5 p.m. on Friday.





Brown pelican by Shah Hadjebi

The public is invited to an art talk and reception with Hadjebi on Thursday, February 21 from 4:15 to 5 p.m. at the 2475 Library Way branch on Sanibel. Light snacks and refreshments will be

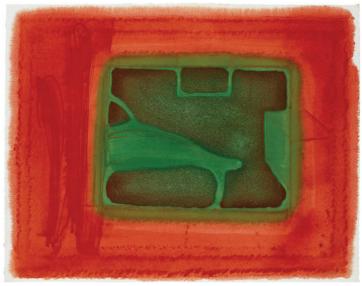


Sidecar by Shah Hadjebi

NEW EXHIBIT

Works on Paper:

Drawings, Prints & Paintings by Modern Masters Now until February 8th



"A Furnished Room," aquatint etching, 1977, Sir Howard Hodgkin

A rare opportunity on Sanibel to view and purchase works by:

Howard Hodgkin • Francesco Clemente • Christo Katherine Bradford • Jean-Paul Riopelle • Hollis Jeffcoat Dan Welden • Darby Bannard • Stanley Bielen



"Woods X," pastel on paper, Hollis Jeffcoat

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Jeweler Hosting Diamond Days

C Designs Diamond Days is coming to Lily & Co. Jewelers for two days only, Wednesday and Thursday, February 6 and 7. For more than three decades, KC Designs has been at the forefront of diamond fashion jewelry and masterfully creating pieces that compliment every style of woman.

"We are delighted to be hosting Joe Carullo, one of the men behind the magic of KC Designs," said Dan Schuyler, co-owner of Lily & Co. with Karen Bell. "He strives to redefine the image of diamond jewelry - making it fun, approachable and accessible for women of all ages.

KC Designs infuses natural diamonds in an array of striking colors for uniquely beautiful pieces - wearable everyday diamonds.

"It's the attention to detail that helps create pieces people will love for a lifetime," said Schuyler. "We invite you

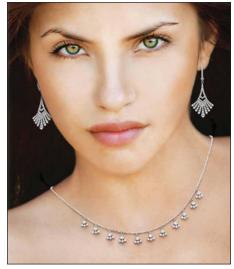


photo provided

to experience the sparkling beauty of KC Designs' everyday diamonds.

Lily & Co. Jewelers is located at 520 Tarpon Bay Road on Sanibel. For more information, call 472-2888.☼

BIG ARTS Monday Night Film Series

The Insult

by Di Saggau

he BIG ARTS Monday Night Movie for February 4 is The Insult, Lebanon's official Oscar candidate. It's about how a trivial, personal conflict explodes into something much bigger. The film is directed by Ziad Doueiri. Harsh words are exchanged between two men who argue about a pipe that drips water from an apartment terrace onto the street below. An apology is demanded and as the incident goes through two different courts, memories of past atrocities are dredged up. In 1990, Lebanon's civil war ended, and now it seems on the verge of starting all over again.

The two men, Tony, a garage owner, and Yasser, foreman of a construction crew, hate each other before they even meet. Tony follows Lebanon's Christian party. Yasser is Palestinian, living in a refugee camp with his Lebanese wife. He is about 15 years older than Tony. Both men are hard workers and good husbands. Neither of them intend for things to escalate the way they do.

The movie's focus shifts from the private world of work and family into the court system and the news media. The trial confronts the viewer and the characters with reminders of past atrocities. The Insult is a fascinating history lesson. It's too energetic to be depressing as it shows an honest

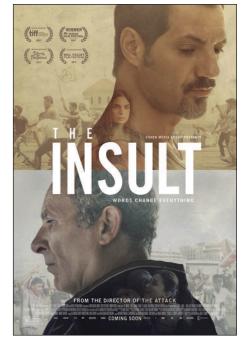


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assessment of the ongoing conflict between decency and cruelty that occurs in every nation and neighborhood. The film runs 113 minutes. Moderators for the evening are Rob Randell and Kassie Witte.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road on Sanibel. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.☆



Dr. MARTIN LUTHER KING and the CIVIL RIGHTS MOVEMENT

Dr. Anthony Dixon – Professor of History Bethune-Cookman University, Daytona Beach, FL

WHAT IT MEANS TO BE AN ALLY IN THE STRUGGLE FOR CIVIL RIGHTS

Rev. Dr. John H. Danner - Senior Pastor Sanibel Congregational United Church of Christ



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Deadline Approaching For Scholarships

The application deadline for a number of scholarships from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), ranging from \$1,000 to \$3,000 each, is March 31. High school seniors, college students and graduate students in or from Lee, Collier, Charlotte, Hendry and Glades counties pursuing degrees in environmental-related studies can apply.

The scholarships will be awarded at a ceremony at JN "Ding" Darling National Wildlife Refuge on Sanibel in June.

Now in its 13th year, the DDWS scholarship program presented its first awards in 2006 from Tarpon Bay Explorers, the refuge's official recreation concession. To date, the program has awarded \$116,700.

"Tarpon Bay Explorers started the program by offering two \$1,000 scholarships in 2005," said DDWS Executive Director Birgie Miller. "When four applicants turned out to be highly deserving, they doubled their commitment that year. Through the years, co-owner Wendy Schnapp has increased her annual contribution to \$5,000 and has awarded 46 scholarships. We applaud Tarpon Bay Explorer's commitment to conservation education, always generous support of the refuge, and effective seeding of a program that now annually awards up to \$15,000 to local students."



From left, DDWS Education Committee Chair Wendy Kindig, Development Officer Sierra Hoisington, Danielle Winchel from Cape Coral with her 2018 scholarship check, and Wendy Schnapp, co-owner of Tarpon Bay Explorers

photo provided

Interested students can find more information and printable application forms at www.dingdarlingsociety.org/articles/student-scholarships.

It is still possible to honor friends and family members in 2019 with a conservation scholarship in their name. To learn more, contact Birgie Miller at 472-1100 ext. 4 or director@dingdarlingsociety.org.

Named scholarships to date for 2019 include: Richard Bailey Memorial Scholarships; Mike and Terry Baldwin Scholarship; Dr. Andrew and Laura Dahlem Scholarship; Dr. H. Randall Deming Scholarship for Conservation and Environmental Studies, a permanently endowed scholarship; Hans & Leslie Fleischner Scholarship; Mary Elaine Jacobson Memorial Scholarship;

Francine Litofsky Scholarship; Tarpon Bay Explorers Scholarships; and Jane Werner Environmental Scholarship, a permanently endowed scholarship.

From page 1

Water District

Captains for Clean Water, Lee County Coastal Advisory Council, Lee County Parks & Recreation Advisory Board, Southwest Florida Community Foundation and Charlotte Harbor National Estuary Program, among others.

Last week, Goss announced that he would not be seeking re-election to the city council post he has served on since March 2015. He will be replaced by Richard Johnson, the lone candidate to file for this year's local election.

"I'm honored you've asked me to serve on the governing board. I don't take the responsibility lightly," Goss said to DeSantis upon accepting the appointment. "I don't think all of our water problems that we have in South Florida necessarily come from the water management district, but I do know that without the water management district, we aren't going to be able to fix all of the problems we have in Southwest Florida."

U.S. Rep. Brian Mast lauded the governor's appointment of Goss.

"As a member of Captains for Clean Water and the Sanibel-Captiva Conservation Foundation, Chauncey Goss has a strong understanding of the issues plaguing Florida's waterways," said Mast. "Based on my conversations with him, I believe he will be a passionate advocate for reform and help advance the governor's bold plan to clean up Florida's waterways. On top of that, he's a great pick in the fight to make South Florida Water Management District represent the people, not special interests."

Following Goss' appointment, the SFWMD released the following statement:
"The South Florida Water Management

"The South Florida Water Management District appreciates Gov. Ron DeSantis' leadership in making the restoration of Florida's Everglades and the protection of its water resources such a high priority. His recommendation to allocate \$625 million for state water resources projects like the Everglades Agricultural Area Storage Reservoir, as well as the actions laid out in his recent executive order, show that Gov. DeSantis is leading the charge to restore and protect Florida families, businesses and the environment."





Storytime with Deanna Evans at Sanibel Public Library

photo provided

Upcoming Programs At Sanibel Library

s Sanibel Public Library continues the next phase of its remodel **I**project, parts of the library are being renovated as the facility is open for

normal operating hours.
From 10:30 a.m. to 3 p.m. on Monday, February 4, Lee County Supervisor of Elections staff will be at the library providing voter registration

Sanibel Public Library's Betsy Eidem will be presenting her annual culinary program at 10 a.m. on Thursday, February 14. Her topic is Spice Up Your Valentine's Day.

The full event schedule is on the calendar at the library's website. No registration required for these programs.

Geared specifically for children in fourth through sixth grade, the After-School Clique will meet on Tuesdays at 3p.m. The group will be crafting, building and playing, with books and a snack.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. This program helps

develop pre-reading skills through songs and stories. A Saturday Family Storytime will be held at 11 a.m. on February 9.

The After-School Crew, for children in kindergarten to third grades, will meet at 3 p.m. on Thursdays. Books, crafts, plus a snack will be provided. If you love dogs and books, you can read to Bessie, a bearded collie and trained reading education assistance dog. At 3:45 p.m. on rain-free Thursday afternoons, sign up on-the-spot; program finishes by 5 p.m. No registration required for weekly children's programs.

For more information, call 472-2483 or visit www.sanlib.org.

BIG ARTS Corner

Workshops And Seminars

▶ IG ARTS is offering the following workshops and seminars: Adult Tap with Bobby Logue -Tuesdays, February 5 to 26, 12:30 to 2

Beginner Tap with Bobby Logue – Tuesdays, February 5 to 26, 2:15 to 3:15 p.m.

Intermediate Acrylic Painting Techniques with Nancy Tome – Tuesdays, February 5 to 26, 1 to 4 p.m.

Creating with Polymer Clay with Martha Grattan - Tuesday, February 5, 4

Adobe Photoshop with Denny Souers – Tuesdays, February 5 to 26, 1 to 4 p.m.

Dynastic Political Families: Adams,

Kennedy and Bush with James Rudin -Wednesdays, February 6 to 20, 9:30 to

Experimental Mixed Media with Bea Pappas – Wednesdays, February 6 to 27, 9:30 a.m. to 4 p.m.

Glass Fusing with Petra Kaiser – Wednesdays, February 6 to 27, 9:30 a.m. to 12:30 p.m.

Experimental Mixed Media with Bea Pappas - Thursdays, February 7 to 28, 9:30 a.m. to 4 p.m.

Glass Fusing with Petra Kaiser -Thursdays, February 7 to 28, 9:30 a.m. to 12:30 p.m.

Photography, intermediate, with Denny Souers - Thursdays, February 7 to 28. First class, 9 a.m. to noon, following classes, 7 a.m. to noon.

Visible Signs of Immaterial Truth: The Art and Architecture of the Spirit with Anne-Marie Bouche – Fridays, February 8 to March 1, 9 a.m. to noon.

Shells 2 Share/Seashell Decorating with Meg Scott – Saturday, February 9, 9:30 to 11:30 a.m.

Learn to Write a Beach Style Mystery Novel with Nancy Daversa - Wednesday,

February 13, 10 a.m. to noon.

Beginner Watercolors with Pen and Ink with Linda Benson – Thursdays and Fridays, February 14 to 22, 9 a.m. to

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/ workshops, or email info@bigarts.org.☆

IL TESORO RISTORANTE

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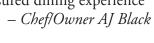
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Academy Award Contenders The Favourite



by Stan Gembicki

Wednesday, **February** 6 at 12:30 p.m., Island Cinema will show the sixth movie in this year's BIG ARTS Film Society Academy Awards Contenders Series, The

Favourite. After the movie, a discussion will take place at the cinema, where tickets are available. Other movies in the series will be announced prior to the weekly showing.

Early 18th century. England is at war with the French. Nevertheless, duck racing and pineapple eating are thriving. A frail Queen Anne (Olivia Colman) occupies the throne and her close friend Lady Sarah (Rachel Weisz) governs the country in her stead while tending to Anne's ill health and mercurial temper. When a new servant Abigail (Emma Stone) arrives. her charm endears her to Sarah. Sarah takes Abigail under her wing and Abigail sees a chance at a return to her aristocratic roots. As the politics of war become quite time consuming for Sarah, Abigail steps into the breach to fill in as the queen's companion. Their burgeoning friendship gives her



image provided

a chance to fulfill her ambitions and she will not let woman, man or politics stand in her way.

The Favourite received 10 Academy Award nominations including Best Picture, Best Director (Yorgos Lanthimos) and Best Supporting Actress for both Emma Stone and Rachel Weisz.

The film runs 1 hour and 59 minutes long. Island Cinema is located at 535 Tarpon Bay Road in Bailey's Center.☆

Comic Opera Coming To Sanibel

ulfshore Opera is midway through its fifth year of serving the three coastal counties of Southwest Florida and will present a touring production of Don Pasquale at Sanibel Congregational Church of Christ on Sunday, February

Don Pasquale is a comic opera about a stuffy old rich guy who's only heir is his rather deadbeat nephew. He threatens to disinherit his nephew for trying to marry an "unsuitable." Pasquale then decides to find a proper wife for himself and produce his own heirs. It's a full production with sets, and costumes

Stars of Don Pasquale include Tony Dillon, Camille Ortiz, Zackery Morris and Paul LaRosa. The servants chorus will be performed by music majors at Ave Maria University. Projected translations will be displayed.

Tickets start at \$48 and can be purchase online at www.gulfshoreopera.org or by calling 529-3925. Sanibel Congregational United 2050 Periwinkle Way. \$



Church of Christ is located at Don Magnifico Orlando played by Tony Dillon

photo provided







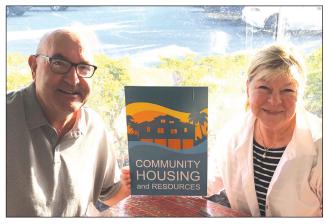
WHIMZEES

CHR Give Back Wednesday At Over Easy Café And On Island



Trasi Sharp and Liza Clouse, owners of Over Easy Café and Island Paws photos provided









Barry and Sylvia Bunner from Cincinnati



From left, Dan Schuyler, Karen Bell and Kimberly Salerno



Jim Bennight



Linda and Bill Gibney, back, with Linda and Mike St.



Kathy and Malia Samson



From left, Evan duPont with Calli, Richard and Bailie Johnson

Programs At Captiva Library

pcoming programs and events scheduled to take place at the Captiva Memorial Library during the month of February include:

Adult Programs

Creative on Captiva – 2 to 4 p.m., Wednesday, February 6. Pen and ink drawing: orchids. Participants are encouraged to bring their own sketchbook and black art pen, but instructor will supply a mini six-page workbook and black marker with appropriate handouts. Each session will have a different theme.

Around the World with Flutes – 3 to 4 p.m., Wednesday, February 20. Emmy and Peabody Award-winning composer, flutist and storyteller Kat Epple will transport the audience to exotic locales with a treasure trove of indigenous flutes that she has collected from her travels around the world. This concert/talk includes a discussion of the music of various cultures, how music affects us, her work as a composer for TV and film, and some of her musical adventures, as she performs on a variety of flutes made of wood, silver, tin, bamboo and bone.

Youth Programs

Happy Chinese New Year – all library hours, February 1 to 9. Drop in during regular library hours and check out the display books on the Chinese New Year. Make a Chinese New Year craft to take home

Happy Valentine's Day – all library hours, February 12 to 14. Drop in during regular library hours and check out the display books for Valentine's Day. Make Valentine cards.

President's Day Celebration – all library hours, February 15 and 16. Drop in during regular library hours and check out the display books on United States presidents. Children will learn some chemistry using pennies and other non-toxic ingredients.

We are proud of our country – all library hours, February 19 to 28. Drop in during regular library hours and check out display books about our great country. Explore different states. The Florida state animal is the Florida panther. Make a paper bag Florida panther.

Teen Programs

Builder Z STEM challenge – all library hours, February 19 to 23. Drop in during regular library hours and use Builder Z to make endless Zoob-abilities.

Online

At the LCLS website www.leegov. com/library, patrons can click on "What To Read Next" and the link to "Staff Recommended Newsletters." Then, under "Kids and Teens," click the link to "Exploring with Ms. Naomi" where she discusses science for preschool and early elementary children. A wide variety of topics are covered including history, nature, the human body, animals, daily life, the universe, earth science and chemistry.

Stop by to read a favorite magazine or newspaper; find a good book, DVD or music CD; color, create a craft; or play a game of checkers.

Captiva Memorial Library, located at 11560 Chapin Lane, is open Tuesdays and Thursdays from 10 a.m. to 6 p.m., Wednesdays from noon to 8 p.m., Fridays and Saturdays from 9 a.m. to 5 p.m., closed Sundays and Mondays.



Visitors shopping at a previous sale

Art On The Veranda Sale This Saturday

The public is invited to attend the Sanibel Captiva Art League's next Art on the Veranda show and sale, to be held on Saturday, February

nhoto provided

9 from 10 a.m. to 3 p.m. at Bailey's Center, located at 2477 Periwinkle Way on Sanibel. Award-winning artists from the art league bring their original works of art for sale. There will be watercolors, acrylics, oils, pastels, collage and other media. Styles and subjects are diverse and there's always a good amout of local-interest art.



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VOL. 26, NO. 31

SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 1, 2019

Everglades Restoration Efforts Topic Of Lecture

by Jeff Lysiak

The public is invited to a free presentation about restoration efforts in Florida's Everglades on Thursday, February 7 from 10:30 to 11:45 a.m. at the Captiva Island Yacht Club, located at 15903 Captiva Drive. Speakers will be Eric Eikenberg, CEO of The Everglades Foundation, and Dr. Stephen E. Davis, III, PhD, the foundation's senior ecologist.

During their lecture, Eikenberg and Davis will share a short history of the Everglades, a vibrant ecosystem whose reach once extended all the way south from current day Orlando through Lake Okeechobee and into Florida Bay. They will trace man's efforts to change this ecosystem, creating one of America's fastest-growing regions and providing access to some of the most productive farmland on the planet.

Attendees will learn of unintended



Eric Eikenberg

photos provided

consequences of those efforts that now have contributed to environmental devastation of what remains of the "River of Grass," and led to flood controls that have given rise to frequent outbreaks of



Dr. Stephen E. Davis, III

toxic blue-green algae and red tide. Sanibel and Captiva have seen these impacts for years, but most dramatically this past

"Water quality on the islands is still a

big issue and The Everglades Foundation is playing a key role both in the field and at the policy level to help correct the situation," said Suri Sehgal, chairman of the Captiva Island Yacht Club Environmental Awareness Committee.

Both speakers will discuss ongoing and planned restoration efforts, including the Everglades Reservoir, a 16,000-acre dynamic water storage and filtration project located on state-owned land south of Lake Okeechobee. This reservoir is planned to replenish the Everglades and reduce algaecausing discharges by more than half.

In addition, there will be a guided "River of Grass" airboat tour of the Everglades on Wednesday, February 20 from 8 a.m. to 4 p.m. (departing from and returning to the Captiva Island Yacht Club). Seating is limited for the bus/boat tour; reservations are on first come basis. The tour is complimentary but donations to The Everglades Foundation will be appreciated. Further tour details will be emailed after confirmation of reservations.

To register for the February 7 presentation, contact Debi Almeida at 472-4133 ext. 2 or send an email to reservations@CaptivaIYC.net.☆



Longtime Sanibel resident Ralph Woodring sharing a laugh with President Teddy Roosevelt during their January 23 presentation at the JN "Ding" Darling National Wildlife Refuge photos by Jeff Lysiak

Woodring **Exhibit Unveiled**

by Jeff Lysiak

ne of the island's longest tenured residents and son of Sanibel's first female fishing guide joined forces last Thursday with an American icon,

President Theodore Roosevelt, at a special exhibition of family photographs and antique artifacts at the JN "Ding" Darling National Wildlife Refuge.

On January 23, Ralph Woodring and Roosevelt – portrayed by reprisor/lookalike Joe Weigand – teamed up to deliver a 60-minute presentation on conservation, local history and recollections of days gone by at the Visitor



Deb Gleason, center, answering questions about artifacts on display from the Sanibel **Historical Museum**

& Education Center, where the public unveiling of the exhibit celebrating the 100th anniversary of the Woodring estate on Sanibel took place.

"(Ralph) has so many stories to tell that he could be here all day," Birgie Miller, executive director of the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) told the sellout crowd that gathered at 10 a.m.

Woodring shared a number of stories about his mother, Esperanza, one of the island's legendary fishing guides who mastered the art of cast netting. He also talked about preserving valuable natural resources like mangroves, and how protective and vigilant members of his family were during their time on Sanibel.

"The Woodrings overall were pretty

continued on page 21B

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Rookie Of The Year

feifer Realty Group realtor Greg Demaras was named the 2018 Real Estate Rookie of the Year by the Sanibel Captiva Island Association of Realtors (SCIAR). The recipient of this award must be a new member to the SCIAR, having joined within 18 months and be inducted into the Honor Society. The Rookie of the Year award acknowledges an agent's professionalism in addition to their participation in the association and the island community.

"I'm so proud of Greg's accomplishments. His professionalism combined with his 'can do' positive attitude and willingness to help others makes for a winning combination," said broker Eric Pfeifer. "Having been named Rookie of the Year in 2002 when I was a new realtor, it is an honor that during the past five years, four agents from Pfeifer Realty Group have been named Real Estate Rookie of the Year."

A native of New York City,



Greg Demaras

photo provided

Demaras launched his real estate career in Manhattan in the commercial management, sales and leasing side of the industry.‡

Senator Names Bailey's Business Of The Week

his week, U.S. Senator Marco Rubio (R-FL), chairman of the Senate Committee on Small Business and Entrepreneurship, named Bailey's General Store on Sanibel as the Small Business of the Week for the week of January 21 to 25, 2019

Small businesses play a vital role in Florida's diverse economy," Rubio said. "As entrepreneurs who have found their niche in a market and succeeded in growing a customer-focused business, Richard and Mary Bailey Johnson, owners of Bailey's General Store, set an example for other small businesses. Not only do they operate an outstanding general store, but they also go above and beyond to serve their community. Through various fundraisers, the Johnsons support both the local FISH food pantry and Kiwanis Club. After Hurricane Irma, the general

store became a lifeline for residents needing supplies, and employees worked for 10 days to clear debris with chainsaws. Bailey's General Store exemplifies Florida's unique entrepreneurial spirit, and I am proud to honor them as the Small Business of the Week.'

Bailey's General Store was founded in 1899 as the Sanibel Packing Company by Frank P. Bailey. Since then, three generations of the Bailey family have continued to serve the people of Sanibel and Captiva islands. Today, Bailey's is owned and run by Richard Johnson and Mary Bailey Johnson, who continue the tradition of service to the island

As chairman of the Senate Committee on Small Business and Entrepreneurship, Senator Rubio continues the tradition of honoring America's small businesses and entrepreneurs. The Senate Committee on Small Business and Entrepreneurship oversees proposed legislation on matters relating to the Small Business Administration and investigates all problems relating to America's small . businesses.☆

Zonta Hosting Design Seminar

he Zonta Club of Sanibel-Captiva will partner with Robb & Stucky on a seminar, entitled Today's Modern Beach House, on Thursday, February 7 beginning at 11 a.m. at The Community House, located at 2173 Periwinkle Way on Sanibel.

The seminar is an introduction to one of Robb & Stucky's signature lifestyles: Modern Beach House. Guest speaker Don DiLauro of Palacek furniture will give a presentation on this relaxed yet sophisticated lifestyle that is idyllic for the Sanibel home. He will be collaborating with two of Robb & Stucky's designers, Annette Ullrich and Judy Kristoff, to unearth creative design tips incorporating color, texture and more. A \$500 gift card to Robb & Stucky will be given away and refreshments will be provided by Paper

Fig Kitchen.

The design seminar is complimentary, but attendees must RSVP to Lewis Nobles at 415-6062 by February 5.

"This is a first for our club and not something we typically do. However, the Modern Beach House theme ties in perfectly with our annual Peek at the Unique Tour of Island Homes that will be held on March 16," said Zonta President Barbara Beran. "Zonta's partnership with Robb & Stucky affords us the opportunity to host a table at the design seminar and disseminate information about Zonta and our Peek house tour. It further affords Robb & Stucky the opportunity to support a worthwhile charity that helps women and children in need."

For more information about the Zonta Club of Sanibel-Captiva and the Peek at the Unique house tour, visit www. zontasancap.com. To purchase tickets for the tour, visit www.eventbright.com.

The Community House is located at 2173 Periwinkle Way on Sanibel.

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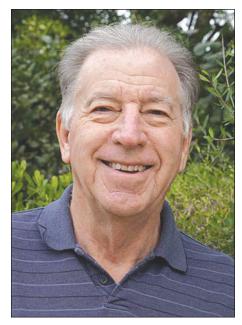


Barbara Joy Cooley

photos provided

COTI Forum On Local Issues

ommittee of the Islands (COTI) will hold a forum on issues of ✓ crucial importance to islanders on Monday, February 11 beginning at



10 a.m. in the Founders Room at The Community House. The 90-minute program, COTI Conversations, the organization's second this season, is open to COTI members and individuals wishing to become members of the organization. The purpose of the gathering is to review matters of

concern and hear opinions from the membership.

Topics for discussion include the question of whether to ban gasolinepowered leaf blowers, financial issues at the Sanibel Recreation Center, suggested options for renovating the Center 4 Life (Island Seniors) facility, the proposed Eden Oak development, resilience planning, shared use path concerns and new developments pertaining to water quality.

Moderators will be COTI board

members Barbara Joy Cooley and Mike

Memberships will be available at the door for individuals interested in attending the forum who are not yet members of the organization. Refreshments include coffee and tea.

COTI Conversations continue next season, beginning in November, with a date to be determined.

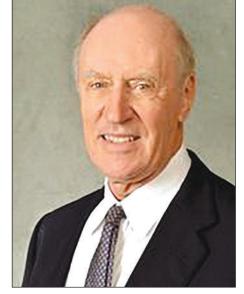
For more information, contact President Mike Miller at 395-0593 or visit www.coti.org.☆

Vice Mayor Elected Chairman Of Policy Board

ity of Sanibel Vice Mayor Mick Denham has been unanimously elected to serve as the 2019 chairman of the Metropolitan Planning Organization (MPO). The MPO is the policy board of an organization created and designated to carry out the metropolitan transportation planning

MPOs are required to represent localities in all urbanized areas (UZAs) with populations over 50,000, as determined by the U.S. Census. MPOs are designated by agreement between the governor and local governments that together represent at least 75 percent of the affected population (including the largest incorporated city, based on population) or in accordance with procedures established by applicable state or local law. When submitting a transportation improvement program to the state for inclusion in the statewide program, MPOs self-certify that the projects meet all federal requirements.

Éach MPO must prepare a Metropolitan Transportation Plan (MTP) in accordance with federal law to accomplish the objectives outlined by the MPO, the state and the public transportation providers with respect to the development of the metropolitan area's transportation network. This plan must identify how the metropolitan area will manage and operate a multimodal transportation system (including transit, highway, bicycle, pedestrian and accessible transportation) to meet the region's economic, transportation, development and sustainability goals - among others — for a 20-plus year



Mick Denham

photo provided

planning horizon, while remaining fiscally constrained.

Denham was elected to the Sanibel City Council in March 2005. He has since been re-elected in 2009, 2013, and 2017. He was appointed by his peers as mayor from 2007 to 2010 and as vice mayor 2005 to 2007, 2010 to 2013, and 2015 to present. Denham was appointed to serve on the Florida League of Cities (FLC) Energy, Environmental and Natural Resources Legislative Policy Committee, the FLC Nominating and Resolutions Committees, and serves as Sanibel's voting delegate for the National League of Cities.

In 2012 and 2018, Denham was awarded the esteemed Florida League of Cities Home Rule Hero Award. In 2008, he was awarded the Conservationist of the Year Award by the Southwest Florida Audubon Society.



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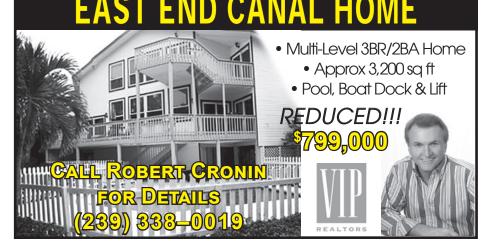


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Realty Group Sponsoring Gala

he Sanibel Historical Village announced that VIP Realty Group is a bronze sponsor of its February 19 Historical Village Gala. The theme is An Evening on the Old Algiers and the gala be held at The Community House from 6 to 10 p.m.

There will be a buffet dinner and dancing, as well as opportunities to learn about the history of the Algiers riverboat that once sat on the beaches of Sanibel. Tickets can be purchased online at www.sanibelmuseum.org or by calling 472-4648

"VIP Realty is pleased to support the historical museum. We are very fortunate to have a place for residents and visitors to learn about Sanibel's unique history and explore cottages from over 100 years ago," said VIP Realty Managing Partner Jim Hall.

'We're very grateful for VIP Realty's support of our fundraiser," said Historical Village Executive Director Emilie Alfino. "We work hard to fulfill our mission to preserve, share and celebrate Sanibel history, and we couldn't do it without the support of community partners like VIP Realty.

So far, this year's sponsors include Allegra Printing, Times of the Islands, John Grey Painting, Sanibel Captiva Beach Resorts, Bank of the Islands, VIP Realty, Island Sun, Sanibel Catering Company by Bailey's and The Sanibel Captiva Trust Company. Individual



VIP Realty Group

sponsors include William and Gail Bachman, Liz Clark, Dorothy Donaldson and Aaron Cohen, Ralph and Billye Curtis, Garlinghouse Foundation, Neal and Sherry Halleran, Pete and Jan Halliday, John and Jane Henshaw, Robert and Jane Holder and Sheila Barboza. Friedrich and Daniela Jaeger, Karl and Jeri Magg, Edward and Dorothy Miller,

Kevin and Deirdre O'Donnell, William and Stephanie Rahe, Ron and Faith Souders, Davis and Patricia Thurber, Rod and Gerry Verblaauw, Alex Werner and Karen Storjohann, and Larry and Judy Yenkole.

The Sanibel Historical Village is open Tuesdays through Saturdays from 10 a.m. to 4 p.m. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to the buildings. Admission is \$10 for adults over 18. Members and children are free. For more information or to make a donation, visit

www.sanibelmuseum.org or call 472-

4648.☆

photo provided

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Perfect investment opportunity. 2 BR/1BA; Close to school and Rec Center; Move in ready! \$399,000



From left, Justin Wilder, Lorin Arundel, Bob Petcher, Ann Ziehl, Jeff Lysiak and Mike Terry photo by Logan Hart

Historical Village Silver Sponsor

The Island Sun newspaper has signed on as a silver sponsor of the Sanibel Historical Village Gala, themed An Evening on the Old Algiers, to be held on Tuesday, February 19 from 6 to 10 p.m. at The Community House from 6 to 10 p.m.

The evening will include a buffet dinner and dancing, as well as opportunities to learn about the fascinating history of the glamorous *Algiers* riverboat that once sat on the beaches of Sanibel. Tickets can be purchased online at www.sanibelmuseum. org or by calling 472-4648.

"We are so happy to have the Island Sun as a sponsor," said Historical Village Executive Director Emilie Alfino. "They are so wonderfully responsive to our needs throughout the year, and now to offer their very generous support of our gala is just the icing on the cake of our good relationship. We deeply appreciate their sponsorship support and look forward to another great year ahead."

Business Partner Sponsoring Gala



From left, Derrick Grey, Sherry Halleran, John Grey and Nate Grey

photo provided

ohn Grey Painting will be a silver sponsor of the February 19 Sanibel Historical Village Gala at The Community House, themed An Evening on the Old Algiers.

on the Old Algiers.

"The history of Sanibel Island is important to us," said John Grey, owner of John Grey Painting. "We are happy to support their work of preserving, sharing and celebrating the early pioneers who homesteaded the island."

"John Grey Painting is always there for us when work needs to be done at the village, and as a sponsor of our important fundraising events," said Sanibel Historical Village Executive Director Emilie Alfino. "We couldn't ask for a better business partner."

For more information, tickets to the gala or to make a donation to the museum, visit www.sanibelmuseum.org or call 472-4648.**

Sanibel Captiva Island Specialist I will sincerely work for you



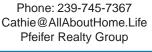
Beautiful gulf views from the screened lanai are waiting at this 2bd/2ba Condo. Great island location close to everything and being sold fully furnished.

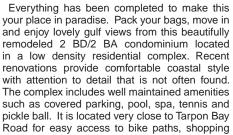
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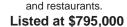
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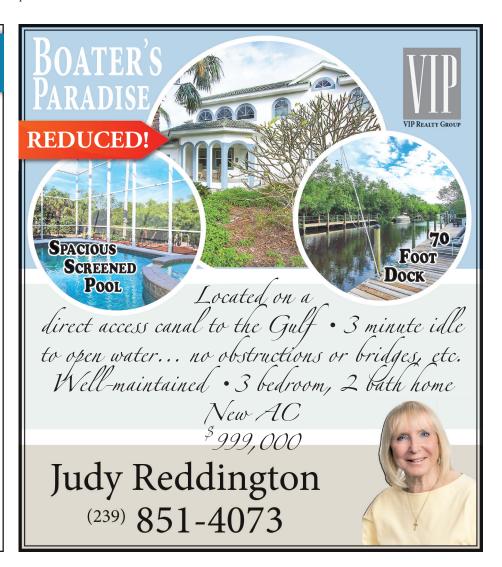




photo provided

Lions Updated On Future Goals

he Sanibel-Captiva Lions Club hosted 2nd Vice District Governor Blair "Chip" Kunka at its January 16 meeting at The Community House. Kunka updated the club on the 2019 goals of District Governor Lion Ken Engstrom. Those goals include growing membership, retaining members and thinking beyond the horizon.

The Sanibel-Captiva Lions Club is looking to the future as well as celebrating its past – 50 years as an active group determined to make a difference in their island community and across the globe.

Sight is undoubtedly one of the Lions' defining causes. Members collect thousands of used eyeglasses each year as part of its Recycle for Sight program. The club has long offered complimentary health screenings for adults and raised

funds for charity through its arts and crafts fair, Christmas tree sale and other

"We are proud of our club's 50 years of service to the community and grateful to everyone who contributes to our important work," said Sanibel-Captiva Lions Club President Lion Bob Kern. "You are truly making a difference in many lives.

The Lions Club International, which is simultaneously celebrating its 100th anniversary, is the world's largest service organization with a network of 1.5 million men and women worldwide. Kunka pointed out that women are the single fastest growing segment of members. He has been a Lion for 44 years, joining on his 18th birthday, and his wife Jan is also an active Lion.

Kunka will be a second generation district governor as his father served in 1975-76. He is a Melvin Jones Fellow, a life member of the Florida Lions Foundation for the Blind and has received a Presidential Certificate of Appreciation and a Presidential Excellence medal. He was named Lion of the Year by the past district governors association.

We appreciate Lions Chip and Jan visiting us," added Kern. "They are always full of energy and have a true passion for the Lions. We also send our thoughts out to District Governor Lion Ken, who recently suffered a heart attack which kept him from visiting us. He is under care and reportedly doing well.

The Sanibel-Captiva Lions meet on the first and third Wednesday of the month with a guest speaker at the first monthly meeting. Social hour with appetizers begins at 6 p.m. followed by the meeting at 7 p.m. Dinner is prepared by Sanibel Catering Company by Bailey's. Visiting Lions and anyone interested in becoming a member are welcome.

Learn more online at www. sanibelcaptivalions.org.☆

Rocks Association **Annual Meeting**

he Rocks Association annual meeting will be held on Tuesday, March 12 at The Community House. There will be a light lunch from noon to 12:45 p.m. and from 12:45 to 2 p.m., speakers - including Sanibel City Manager Judie Zimomra – will address water quality, short term rentals (such as AIRBNB) and property redevelopment.

Following the general presentation, a brief update will be held from 2 to 2:30 p.m. for all current members and to invite interested members to join the board. Admission is free; costs of the annual meeting are covered through membership

The Rocks Association was established over 50 years ago, in 1965, and is the largest active group of single family home owners on Sanibel. The area of coverage extends from the West Wind Inn westward to the end of West Gulf Drive, including Rabbit Road and all branching subdivisions. The Rocks Association holds monthly meetings on Sanibel, as well as an annual spring meeting, to review

issues of concern to local homeowners. If necessary, The Rocks Association will interface with the city of Sanibel and other relevant organizations to address issues of concern to the homeowners regarding quality of life on Sanibel.

Recent topics discussed at monthly board meetings include water quality in both neighborhood waterways, and gulf waters and estuaries, noise associated with machinery involved in lawn care, placement of yard signs for sale of homes, political issues, nuisance control of invasive species such as green iguanas and maintenance of public landscaped areas along roadways.

The current board members include President Dan Pacyga, Vice President Ed Mead, Treasurer Sandy Tannenbaum and Secretary Judy Thompson, as well as 10 additional board members. Yearly dues for single home owners living within the boundaries of the group are \$10. Your name, address, phone number and email should be sent with dues to Sanibel Rocks Association, P.O. Box 281, Sanibel, FL 22957. Dan Facyga can also answer questions at dan.pacyga@mail.com. Membership dues are also accepted at the annual meeting, although preference is for dues and information to be sent by mail.

Broker Receives Community Service Award

ric Pfeifer, broker/owner **d**of Pfeifer Realty Group, recently received the Sanibel and Captiva Islands Association of Realtors' Community Service award by fellow honor society realtors and brokers. This is the sixth time Eric Pfeifer Pfeifer has received



this annual award in recognition on his community service.

Each year, the Sanibel Captiva Community Service award is presented to the agent or broker who actively volunteers their time and talents in many

areas throughout the island community. Since moving to Sanibel in 2001, Pfeifer's wide range of community service includes creation of the Sanibel NFL Youth Flag Football League, commissioner of Sanibel Little League Baseball, 17 years as a Kiwanis Člub board member and 2016 Kiwanis president, Sanibel Shell Harbor board member for eight years, master of ceremonies and live auctioneer for many nonprofit events, and sole sponsor of five historical island documentaries with five-time Emmy Award winning filmmaker David E. Carter. Most recently, he was appointed by the Sanibel City Council to serve as on the city's planning commission.

"Getting involved in the many island civic groups has been a great pleasure. Nowhere else have I found a community of residents so generous of their time and efforts as well as their financial support for the many benefits and nonprofit organizations. We are truly blessed to call these islands home," said Pfeifer. "I'm not afraid to laugh at myself, especially if it is all for a good cause." **

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s it just me or are most islanders asking, "Where did January go?' Here we are on the cusp of one of the busiest months on the islands.



Snowbirds have landed and are nesting comfortably, and daytrippers and tourists are flocking to our beaches now that the red tide and green algae outbreaks have cleared. For islanders, we have just entered fundraising season. We have at least two major capital campaigns going strong, a plethora of fundraising galas, and right in the middle of the month - February 16 and 17 – the Sanibel-Captiva Rotary Club 36th annual Arts and Crafts Festival.

Another extremely important yearly fundraising event – the United Way campaign - runs at the same time in Lee County, spearheaded this year by Linda Doggett and Robert Shearman. On January 25, Tony Lapi, Captiva resident, business owner and board member of United Way of Lee, Hendry, Glades, and Okeechobee, came to our Rotary meeting. He talked about United Way's efforts to champion our communities' generous support of the United Way and support of partnering agencies and programs that United

Way is involved with here in our local communities. Lapi has been an integral part of the United Way family for over

Anyone who knows Lapi and his wife, Angie, know that they are the real thing. Although Lapi has been honored with many prestigious business and humantarian awards throughout the state, he is the most humble and sincere person when it comes to his achievements. He is president and CEO of Sanibel Captiva Beach Resorts, formerly Rochester Resorts. I found this quote in an article written about him when he received the Paulette Burton Citizen of the Year Award from the Lee County Board of County Commissioners in 2012: "Never compromise integrity," he said, adding, "Healthy communities are communities in which people give back." You could never count the ways that Lapi gives back to this community.

The focus of our meeting was on United Way, which is supporting 79 partnering social service agencies, and 92.2 percent of every dollar goes to those agencies. On Sanibel, United Way partners with FISH of SanCap. It also partners with Lee Physician Group, and Lee Health, having four clinics providing medical care in Fort Myers and Cape Coral.

United Way not only financially contributes to partnering social service programs, but also has a free 24-hour non-emergency helpline for referrals to health and social services that provide food, housing, child care and

veterans services. Dial 211 and and get connected to the help you need.

Lapi brought with him the program manager of the United Way initiative, Mission United. The initiative uses the existing 211 number as a referral program for veterans. It helps veterans navigate and access needed services. Mission United has helped more than 3,000 veterans in the last year.

Another program run by the United Way is VITA, the Volunteer Income Tax Assistance program. VITA is a free tax preparation service provided by IRS certified volunteers for those with household incomes of \$66,000 or less. Visit www.unitedwaylee.org/ freetaxprep, dial 211 or call 433-3900 to schedule an appointment.

United Way is funded by donations from individuals, local community members and businesses that believe in this nonprofit organization. For more information, visit www.unitedwaylee.org or call 433-7201.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.☆

Kiwanis Club Scholarships

he Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2019-20 school year. Scholarships of \$4,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available, including Sam Bailey's Islands Night Scholarships.

Eligible applicants must be Sanibel or Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection. Applications must be submitted by March 29, 2019. They can be obtained on the Kiwanis website, www.sanibelkiwanis.org, or by contacting: Antoinette Radicchi at 579-0660 or antoinette@sanibelinsurance. com; Bill Traum at 671-0155 or billtraum@me.com; or Chris Heidrick at 579-0660 or chris@sanibelinsurance. com.₩

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arah Ashton was named the most productive associate at RE/MAX of the Islands for the month of



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Chamber Advocates For Island Businesses

he Sanibel & Captiva Islands Chamber of Commerce continues to advocate on behalf of the island business community to save the ecosystem and strengthen the toursim economy.

In the summer of 2018, two concurrent harmful algae blooms precipitated an unprecedented fish kill and nearly destroyed the islands' tourism

"It quickly became clear that we, as a chamber, had to do something and felt advocacy is the best thing we can do," said Chamber President John Lai, who has traveled to Tallahassee on numerous occasions and was part of a panel at the 34th annual Everglades Coalition Conference in January, the biggest in its history.

Lai has been presenting compelling data on the economic impact of the water crisis to island businesses, which collectively reported millions of dollars in lost revenue. Poor water quality remains a threat to the \$3 billion in annual revenue generated by local tourism.

'The health of our ecosystem and economy are inextricably linked," said

Sanibel-Captiva Conservation Foundation (SCCF) Natural Resource Policy Director Rae Ann Wessel has been a strong advocate on behalf of the severely unbalanced ecosystem. She



Sanibel & Captiva Islands Chamber of Commerce President John Lai, second from left, with SCCF Natural Resource Policy Director Rae Ann Wessel, third from left, and two other experts at the Everglades Coalition Conference in Duck Lake, Florida photo provided

has tirelessly presented data collected by SCCF marine scientists and was present when Florida Gov. Ron DeSantis signed a historic executive order implementing major water policy reforms.

"It's important we continue to share the adverse economic effect of poor water quality, as well as advocate for these water protection policies and the restoration of the Everglades," said Lai. "We are grateful to have leaders like Rae Ann, and many others, who help bring changes necessary to protect the natural resources on which our economy and quality of life depend.'

Lai will be a part of the Visit Florida Conference in Tampa, where there will be a meeting with the Florida Department of Environmental Protection (FDEP) and Florida Wildlife Commission officials. He will travel to Tallahassee twice in February for several legislative meetings and be in

Orlando for the quarterly board meeting of the Florida Association of Chamber Professionals. In March and April, he will return to Tallahassee for Florida Tourism Days and the Everglades Action Days.

'It has been and continues to be an honor representing our island business community as a whole," Lai added. "Our chamber board of directors deserves a tremendous amount of thanks for their





Island Taxi team members

Local Business Supports Rotary Arts Festival

he Sanibel-Captiva Rotary Club's 36th annual Arts and Crafts Festival, rated one of the top 200 shows in the United States by Sunshine Artist, will be held on Friday and Saturday, February 16 and 17 at The Community House on Sanibel.

Local business Island Taxi has joined the groing list of event sponsors. "We are proud of our locally knowledgeable drivers and happy to support this major Sanibel festival," said Tom Jones, owner of Island Taxi.

This juried show presents over 120 artisans from around the country. Outside you can purchase their one-ofa-kind art items in all media and styles, while inside the remodeled Community House is a silent auction. The silent auction fundraiser includes vacation

stays, fine/casual dining experiences, personal services, gift baskets and jewelry. This year's expanded food court gives patrons an opportunity to fuel up and rest to better enjoy the festival experience.

Each year, Sanibel-Captiva Rotary grants about \$100,000 to support local and international programs. International groups work to deliver wheelchairs, water, shelter,

heart surgery, eliminate polio and microfinance loans to help people in other countries become more financially secure. Local organizations supported include FISH of SanCap, CROW, Bailey-Matthews National Shell Museum and Boy Scouts. College scholarships are also provided.

For more information or to make a contribution, contact Chet Sadler at



Guests mingling in front of the newly remodeled visitor's center

photos provided

After Hours Held At Remodeled Visitor's Center

he Sanibel & Captiva Islands Chamber of Commerce hosted its monthly After Hours networking gathering on January 14 at the newly remodeled visitor's center. Appetizers, desserts and refreshments were provided by Sanibel Catering Company by Bailey's. Guests had an opportunity to network and explore the interactive technology and redesign of the visitor's center.

The evening was sponsored by the chamber and the American Business Women's Association (ABWA) of Sanibel-Captiva.

The next After Hours networking event will be held on Monday, February $25\ \text{from}\ 5{:}30\ \text{to}\ 7\ \text{p.m.}$ at BIG ARTS, located at 900 Dunlop Road. Registration is required and can be



ABWA of Sanibel Captiva Vice President Kira Dworkin; ABWA was the co-sponsor of After Hours with the chamber

done online at www.sanibel-captiva.org or by calling the chamber at 472-1966. Cost is \$10 per member.☆

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Zonta Announces Six Chances At The Unique Raffle

submitted by Sue Denham

Reservations are now open online – and going fast – for the 18th annual A Peek at the Unique, the home tour set for Saturday, March 16 and which, through the nonprofit Zonta Foundation of Southwest Florida, Inc. Sanibel-Captiva, raises funds for organizations whose work empowers women.

The traditional "Chances" raffle, which again offers a choice of six prizes, boosts the proceeds for the event, a consistent record-breaker and a favorite with many islanders and their friends and visitors; raffle ticket sales can add \$15,000 to \$18,000 for the cause, due to the enthusiasm with which Zonta members promote it.

Donation is \$10 per ticket, with the donor selecting the prize at time of purchase. This year, the list includes both former favorites and new entries. The choices are:

Unique Art by Female Island Artists: Four talented local women (Marianne Ravenna, Wendy Miller, Melanie Moraga and Pam Boyton) offer unique expressions of their art.

Dinner with Loretta Paganini: The Cordon Bleu-trained chef dishes up four courses for eight people in a former Peek home, Sea Glass, located on West



Zontians promoting the raffle at the Sanibel Island Farmers Market

s Market photo provided

Gulf Drive

Family Portrait or Underwater Photo: by Susan J. Roche of Sanibel and New Jersey.

Sanibel by Air and Sea: Aerial tour with pilot John Bisson, private boat eco-tour with Capt. Ben, guided tour of JN "Ding" Darling National Wildlife Refuge and two tickets for Sanibel Thriller boat ride.

Whitney's Fishing Charter: Half day chartered fishing trip for up to four anglers, box lunch by Sanibel Deli & Coffee Factory.

Island Shop and Dine: Four-course dinner for four at Il Cielo, gift certificates for The Cedar Chest Fine Jewelry, Congress Jewelers, Lily & Co. Jewelers and Peach Republic.

Tickets are available from any of Zonta's 70 members, at Bailey's Center on weekends beginning mid-February, at the Sanibel Island Farmers Market on March 9 and at Sanibel Community Church on Peek day, March 16. The drawing will take place at the

completion of the home tour, and ticket buyers do not have to be present to win.

Remember, even if not purchasing tour tickets, islanders can contribute to Zonta's important work by visiting www.zontasancap.com.

Historical Museum Chosen For Spirit Tree Donations

In The Garden – Sanibel's Retail Garden Center and Outdoor Showroom has a spirit tree to help raise funds for local nonprofits. The olive tree was chosen because it represents love and charity. Spirit tree donations from February 1 to 28 benefit the Sanibel Historical Museum and Village.

Canvas spirit tree tags can be purchased at the garden center gift shop for \$5. Purchasers can write well-wishes or blessings on the tags and attach them to the tree. All tag sales will be donated to the Sanibel Historical Museum and Village. In The Garden will match all tag sales.

"The museum and village is a tribute to the early pioneers who homesteaded Sanibel Island in the late 1800s," said Lisa Walsh, owner of RS Walsh Landscaping and In The Garden. "The museum was founded in 1984 with the mission to preserve, share and celebrate Sanibel Island history."

For more information or to make a donation, visit www.sanibelmuseum.org or call 472-4648.



FRIDAY Scattered Rain High: 67 Low: 63



SATURDAY Few Showers High: 73 Low: 69



SUNDAY Sunny High: 74 Low: 70



MONDAY Sunny High: 77 Low: 72



TUESDAY Sunny High: 76 Low: 70



WEDNESDAY Sunny High: 79 Low: 72



THURSDAY Sunny High: 73 Low: 69

Redfish Pass Tides

Dav	High	Low	<u>High</u>	Low
			10:25 pm	
	•		11:08 pm	•
	•		11:48 pm	•
Mon	2:28 pm	7:10 am	None	6:00 pm
Tue	12:25 am	7:38 am	2:39 pm	6:39 pm
Wed	1:02 am	8:04 am	2:52 pm	7:20 pm
Thu	1:40 am	8:29 am	3:07 pm	8:04 pm

Point Ybel Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	12:32 pm	5:29 am	9:30 pm	3:50 pm
Sat	12:58 pm	6:08 am	10:13 pm	4:41 pm
Sun	1:18 pm	6:42 am	10:53 pm	5:23 pm
Mon	1:33 pm	7:12 am	11:30 pm	6:02 pm
Tue	1:44 pm	7:40 am	None	6:41 pm
Wed	12:07 am	8:06 am	1:57 pm	7:22 pm
Thu	12:45 am	8:31 am	2:12 pm	8:06 pm

Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	12:02 pm	5:06 am	10:47 pm	4:51 pm
Sat	12:24 pm	5:51 am	11:24 pm	5:34 pm
Sun	12:50 pm	6:31 am	11:54 pm	6:11 pm
Mon	1:19 pm	7:09 am	None	6:45 pm
Tue	12:20 am	7:44 am	1:52 pm	7:19 pm
Wed	12:44 am	8:16 am	2:26 pm	7:56 pm
Thu	1:10 am	8:45 am	2:59 pm	8:35 pm

Cape Coral Bridge Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	3:37 pm	8:43 am	None	7:04 pm
Sat	12:35 am	9:22 am	4:03 pm	7:55 pm
Sun	1:18 am	9:56 am	4:23 pm	8:37 pm
Mon	1:58 am	10:26 am	4:38 pm	9:16 pm
Tue	2:35 am	10:54 am	4:49 pm	9:55 pm
Wed	3:12 am	11:20 am	5:02 pm	10:36 pm
Thu	3:50 am	11:45 am	5:17 pm	11:20 pm

Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following

activities, then stop by to sign up.

Arts and Crafts Fair – Saturday,
February 2 from 9 a.m. to 2 p.m. The annual Center 4 Life Arts & Crafts Fair will feature a variety of handcrafted items, including paintings, photography, fabric art, shell designs and tropical plant arrangements.

Damaris Peters Pike's Women of Note Series: The Forgotten Prodigy, Nannerl Mozart - Friday, February 8 at 1:30 p.m.

Hear the story of Mozart's talented older sister, who because of her gender, was not given a chance for the fame her brother enjoyed. As children, they sometimes played harpsichord duets for the nobility, but not after she matured. Sign up at the center.

Page Turners with Louise Fitzgerald & Ann Hartman - If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The book for discussion on Wednesday, February 13 at 2:30 p.m. is The Death of Mrs. Westaway by Ruth

"On a day that begins like any other, Hal receives a mysterious letter bequeathing her a substantial inheritance. She realizes very quickly that the letter was sent to the wrong person – but also that the cold-reading skills she's honed as a tarot card reader might help her claim the money.

Soon, Hal finds herself at the funeral of the deceased... where it dawns on her that there is something very, very wrong about this strange situation and the inheritance at the center of it." - LitLovers

Ninth Annual Justine Bridge Charity Bridge Tournament -

Friday, February 15, 1 to 5 p.m. The tournament is held in honor of former volunteer and bridge director, Justine Smith. Proceeds benefit PAWS of Sanibel. Contact the center to sign up.

Line Dancing Classes – Tuesday, February 5 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge - Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m. **Mahjongg** – Thursday at 12:30

Hand & Foot – Thursday at noon.

Hearts – Friday at 12:30 p.m. Kayaking on Tuesdays and **Thursdays** – February 5, 12 and 14 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness - Monday, Wednesday and Friday at 9:30 and 11

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga - Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.

New Teller At Sanibel Bank

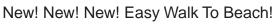


Lvnn Hoops

photo provided

ynn Hoops has joined Sanibel Captiva Community Bank as a teller at the Periwinkle Way branch on Sanibel. She will be responsible for assisting customers with personal and business banking transactions.

Hoops relocated to Sanibel from St. Louis, Missouri in 2015. She has prior experience in the marketing, operations, client services and sales industries.



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From left, John Jones, Randy Carson, Birgie Miller, Stan Howard, Richard McCurry, Toni Westland and Paul Tritaik photo by Jeff Lysiak

Optimists Make Donation To Wildlife Society

by Jeff Lysiak

ast week at the JN "Ding" Darling National Wildlife Refuge, several members of the Sanibel-Captiva Optimist Club delivered a donation of \$4,000 to the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) in order to fund youth activities at the refuge.

According to Stan Howard, club president, the donation represents

proceeds from last year's successful Sanibel Blues and Jazz Festival, which featured Kenny Neal, JP Soars, The Marty Stokes Band, Johnny Jensen and the FGCU Jazz

On January 22, a check was presented to DDWS Executive Director Birgie Miller, along with Refuge Manager Paul Tritaik and Supervisory Refuge Ranger Toni Westland.

Among the free youth programs available at the refuge are beach walks held on Friday mornings at 8:30 a.m. and on Sunday mornings at 9:30 a.m., along with the Story & Wildlife Wonders program every Friday at 9:30 a.m. in the Visitor Education Center. 以

Mayor Speaks To Republicans



Mayor Kevin Ruane, right, speaking at the Republican Caucas meeting

n January 19, Mayor Kevin Ruane spoke to about 50 members of the Sanibel-Captiva Republican Caucus on two of the top issues facing the city: water quality and financial matters.

Because Sanibel has a major financial stake in tourism, these matters are tied closely together. It is important to the environment that local waters not only remain clean, but also stay at proper levels. Much has been done to improve the situation, including programs to clean and reuse water, provide public education and maintain adequate water storage levels, including steps to reinforce the Herbert Hoover Dike to increase storage capability. The cost to resolve the water issues is estimated to be \$16 to \$20 billion to be spent over a number of years, requiring federal as well as state support. Ruane's recent unanimous election as president of the Florida League of Mayors is a major

step in giving Sanibel an important voice in pulling together the resources that will be needed.

Ruane was especially proud of progress in reducing city taxes (a level that has decreased by about 24 percent since his election to city council), while achieving a virtual elimination of current city debt (although some \$10 million in new debt will be taken on to upgrade the city's Donax Wastewater Plant). Lowering taxes while eliminating most of the city's debt is the result of careful management, adopting new pension plans for new employees and consolidating city departments to streamline service while reducing costs.

In response to a question about Sanibel's share of Sanibel Causeway toll revenues, Ruane explained that according to the contract signed before the bridge was built, Sanibel's share was set at 21



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xpert archaeologist Rachel Kangas will be the speaker for the BIG ARTS' Talking Points series on Tuesday, March 5 at 10 a.m. at the Strauss Theater. Kangas, who holds a master's degree in archaeology from the University of Central Florida, will talk about local discoveries but also will issue a warning – Our Heritage At Risk: Rising Sea Levels in Southwest Florida.

Florida has 8,000 miles of coastline. Within that area are 3,000 archaeological sites and 300 historic cemeteries. Kangas said those sites are within risk of the three-foot rise by the year 2100 projected by the Intergovernmental Panel on Climate Change.

In practice, archaeology is usually about the little things – shards, fragments and pieces. Kangas, for one, gets very animated about the little things. As a public archaeologist for the state of Florida, she spends time in



Rachel Kangas

photo provided

the field and time teaching groups from fourth graders to retired adults about how the little things that are unearthed add up to big discoveries and, lately, a warning.

The big discoveries are exciting, like remains of a mammoth found in Cape

Coral a few years ago. In North Florida, she has seen evidence of a group of people from so long ago – as many as 14,000 years – that there's not even a name for them.

"We only have names for the Calusa because the Spanish came here and kept records," Kangas said. "Dating back about 2,000 years, the Calusa are modern compared with the ancient Native Americans in North Florida.

"We see with Calusa sites like Mound Key that people were dealing with sea level changes," Kangas said. "People would have lost a football field of beach within a person's lifetime. But they were a lot more mobile. They could pick up and move."

Sea levels have gone up and down throughout history, and archaeological records show how people have dealt with that.

"We see them abandoning sites for a little while. And moving back in. Sometimes they'll change the way they build," Kangas said.

The immediate future, though, shows only a rise in sea level and people are far less mobile. Kangas stressed that when sea levels rise, so do water levels of "the whole system," including

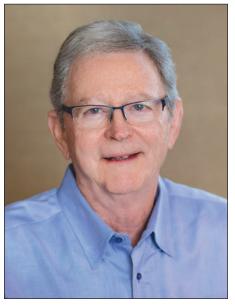
estuaries and canals.

One of the biggest threats to our collective history in light of sea level rise is to cemeteries. "We like to bury the dead near water. They're considered nice, peaceful places," Kangas said. "We can talk about numbers, but until people understand that we are already having coffins floating down streets, it helps drive it home," referring to incidents near Baton Rouge in 2016, when flood waters dislodged caskets in a cemetery in Denham Springs, Louisiana.

"In Captiva there's a historic cemetery right on the beach, next to Chapel by the Sea. It looks fine now – there's plenty of beach on the seaward side, but we need to be mindful of these and other fragile sites. But if a giant hurricane takes out 30 to 100 feet of beach..."

Kangas hopes her audience, and the rest of Southwest Florida, will be as aware of the changing sea levels as any number of historic peoples of Florida were.

To purchase tickets, visit www. bigarts.org or call 395-0900. The BIG ARTS Strauss Theater is located at 2200 Periwinkle Way.



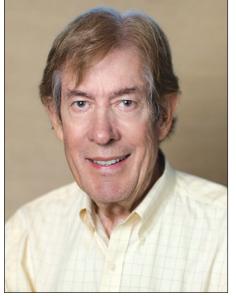
Robert Bowden

photos provided

New Board Members For FISH Of SanCap

ISH of SanCap recently welcomed new members Robert Bowden and John (Jack) Meng to its board of directors.

After early years in his business career at Monsanto in St. Louis, Missouri, Bowden settled in Atlanta, Georgia where he founded a millwork/building supply company that included manufacturing and distributing doors, windows and specialty millwork for residential construction. In the 40 years of living in Marietta, he was involved in the community through church, scouting and Rotary, but mostly through MUST, a similar organization to FISH, where he served as a founding board member. He also served on the board of The Tommy Nobis Center, which provides job training for people with disabilities.



Chris Coile

Bowden serves on the board of trustees at Oglethorpe University where he did his undergraduate work – whose core curriculum he credits with expanding his world view. He has always held great respect for the many volunteers of organizations like those at FISH whose community involvement represents the recognition of a greater good in the world. He and Dixie, his wife of 51 years, believe that helping others is the road to happiness. He is the father of four and the grandfather of seven.

While employed at Schrieber Foods from 1968 to 2007, Meng held various positions including: industrial relations manager; plant supervisor; assistant to vice president of manufacturing vice president finance, CFO, and secretary/treasurer; executive vice president; president and COO; president and CEO; chairman, president and CEO; chairman of the board, president and CEO. In subsequent years, Meng has served on several corporate boards including Associated Bank, WPS Resources Corporation,



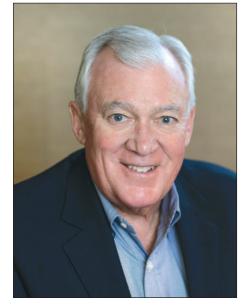
Nicole McHale

Integrys Energy Group, First Northern Savings Bank, Associated Banc-Corp, and Tosca, Ltd. His community board involvement includes Green Bay Packers, The Salvation Army, Unity Hospice and Cerebral Palsy Foundation, to name a few.

With a bachelor of arts degree from Wabash College where he majored in economics with a political science minor and a master of business administration degree from Washington University, Meng's education, professional and philanthropic experiences will prove to be valuable assets to the FISH board of directors. Meng and his wife, Inky, have four children and nine grandchildren.

Re-elected to the board were Nicole McHale as board chair, and Chris Coile and Sheridan Snell as board members, who will serve on the FISH board for the 2019-21 term.

To learn more about the programs and services of FISH, contact Maggi Feiner, president and CEO, at 472-4775 or visit www.fishofsancap.org.



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What Makes A BRAT?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

any who have created wealth struggle with how to properly raise children in very different circumstances than those they grew up with. I'll share with you that I grew up in a family that constantly struggled financially. As a teenager, I earned the money necessary to purchase a car, fuel and insurance. I also put myself through college and law school.

Fortunately, I've found success in my law practice as well as various business ventures. While we're not über-wealthy, my wife and I have been able to raise our daughters in a much different environment. We'd like to think that our children are well-

grounded, but we also understand the struggle those with means encounter. How much is enough? Where and when do we draw the line?

These questions are adroitly addressed in Douglas Andrew's book, *Entitlement Abolition*. In it, he points out that those who work hard to grow wealth, enjoy a life of abundance and foster a similar dream of prosperity for their loved ones often find their dreams turn into nightmares when well-meaning parents chronically step in to pick up the slack for their children. He says that parental overreach can come in many forms:

Covering for children's mistakes at school and work;

Protecting children from the uncomfortable consequences of their own poor choices; Buying expensive cars, clothing, vacations and luxuries without involving them in the responsibility to pay for those things;

Paying for children's education without including them in the process by earning scholarships or by repaying the parents through low interest rate loans;

Giving children something for nothing.

Andrew asks parents to examine why they do what they do. Certainly, it's not the parents' intent to create permanent dependency. Often, instead, it's to appear as the hero, or to give their children something that they didn't have themselves growing up. The problem is, of course, that without the same frame of reference, it's unfair to expect the children to fully appreciate their good fortune.

What instead occurs is that all of this could contribute to the creation of BRATs - Blamers Running from Accountability and Truth - which creates a family with co-dependent tendencies. Entitlement creeps in and can infest families, businesses and even

What's the answer? There really are no easy answers. Andrew's book goes on to provide greater details and strategies to consider. What's interesting is his take on estate planning. I had the opportunity to spend some time with him in a coaching group that



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we both attend.

"I don't really believe in the common 'divide and distribute' estate planning model," he said. When I pressed him for an alternative, he referenced the establishment of a "family bank." In that model, Andrew explained, a trust would hold amounts to be used by family members to provide for medical and financial emergencies, education, support, seed money for starting businesses and/or practices, and a variety of other means.

A board of trustees would decide upon the distributions, many of which would either be in the form of grants that would have to be matched by the recipient (with his or her own money, whether earned or gained through another means such as a scholarship) or in the form of a loan, with the expectation that the loan eventually be repaid to the trust.

This empowers family members as opposed to enabling them," Andrew added. I believe that he is onto something here. The challenge, of course, lies in the decision makers. Distribution decisions are easy so long as the generation that earned and created the wealth is alive and able to make those decisions. Once that generation dies off, however, those drop down to siblings or other family members serving as trustee, all of whom have a "conflict of interest" when deciding who the trust benefits and how. This conflict of interest exists because the decision makers are potential beneficiaries themselves (as are their children and grandchildren).

Once the family reaches the third generation, it's even more difficult. Here, the likely

decision makers are cousins as opposed to siblings.

These issues aren't insurmountable. Third party trustees might be employed, either as primary decision makers or as independent tie-breakers. This type of a trust should be extremely detailed in its wording. I would go so far as to recommend that "statement of intent" provisions be carefully drafted and included to give future trustees direction as to the original grantors' vision just how a "family bank" should operate.

No one wants to create BRATs. More of that has to do with raising the children,

as well as the values instilled during life. Nevertheless, a family estate plan galvanizing family values of self-reliance and responsibility is certainly appealing. Perhaps this estate planning model is the wave of the future.

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Retired Captain To Speak At MOAA Meeting

The next meeting of the Lee Coast Chapter of MOAA (Military Officers Association of America) will be held at Crown Colony Golf and Country Club on Monday, February 11 at 5:45 p.m.

Sanibel resident Nori Ann Reed will be the guest speaker. She is a retired U.S. Navy captain who served aboard six Navy ships and was the first woman to command three.

Retired or active duty uniformed officers who are interested in joining MOAA should contact Terry Robertson at 352-638-5838 for membership information.

Crown Colony Golf and Country Club is located at 8851 Crown Colony Boulevard in Fort Myers.☆



Nori Ann Reed

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Life Insurance

Take A Long-Term Care Quiz



J. Brendan Ryan, CLU, ChFC, MSFS

here has been so much press and talk show discussions about the burgeoning need for long-term care (LTC), what it costs and how to insure against it that you may think you

know enough to plan - or not worry yet about such planning. On the other hand, it is more likely that you have heard so much – much of it contradictory – that your head is kind of spinning, and you do not know what to believe.

It is surely a problem to be reckoned with, now and even more so in the future. The statistics that I have read say that there are nearly 11 million people in long-term care settings today and that the number will grow to at least 25 million by the year 2050.

To test your knowledge, I have borrowed a true-false quiz from John Hancock Life Insurance Company and

other sources. True or False: Disability insurance and LTC insurance are the same. False. Disability coverage replaces your earned income when you are off work because of a sickness or injury. LTC insurance pays for institutional or home health care for help with basic living tasks such as eating, dressing and bathing.

For a person over age 65, the chance of a person over age 60, the chance of needing LTC is 40 percent. False. Seventy percent of such people will need some form of LTC for some period of

People have to spend almost all of their assets to qualify for Medicaid's LTC benefits. *True*. Some assets can be preserved for the benefit of the "community spouse" who is not receiving LTC. And a state's Partnership Plan, in conjunction with a LTC insurance policy, can protect a given amount of assets.

Virtually all LTC is provided in a nursing home. False. As much as 65 percent of older adults who receive LTC

receive it in their homes or in some form of community setting. Seniors in general prefer to stay in their homes and, depending on their condition and its severity, often can do so at least for a

Medicaid covers most services rendered in one's own home. False. Virtually all services covered by Medicaid are provided in nursing homes. Few home-based services are covered by Medicaid. But virtually all LTC insurance policies in force today include coverage for home health care.

Expenses received in a nursing home for Alzheimer's disease are covered by Medicare. False. Medicare provides few or no benefits for LTC expenses required by Alzheimer's patients. And no benefits are available if one needs just custodial care. LTC insurance policies written 30 years ago also excluded "cognitive disorders," but policies written more recently do include such disorders.

The average annual cost for a stay in a private room in a nursing home is \$70,000. False. The average cost is now close to \$100,000, up 4.5 percent from last year.

The average stay in a nursing home is four years. False. The average stay is 2.4 years. That is an average, not a median. But it is safe to estimate that this figure suggests that about half of such stays last longer than 2.4 years. I have known dementia cases that have lasted as long as 20 years. In my experience, Alzheimer's and other types of dementia do not always affect physical health, so patients can live relatively long while needing at least custodial care.

More than 40 percent of patients needing LTC are under age 65. True.

Medicaid provides little in the way of LTC. False. Medicaid spends 30 percent of its budget on LTC and pays for 40 percent of our country's LTC costs.

Sixty-eight percent of nursing home residents are female. *True*. And 72 percent of those in assisted living are women. That makes sense. First the husband falls ill, and the wife cares for him at home. After he passes away, she has no one to care for her in an intensive manner when he needs help, so she

often has to go to a nursing home.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at

ibrvanclu@aol.com.☆

Spring Training Tickets For First Responders

Tn conjunction with its Hats Off to Heroes program presented by John Hancock, the Boston Red Sox will offer complimentary tickets to the opening single admission doubleheader of its Spring Training season against the Northeastern University Huskies on

Friday, February 22 at 1:05 p.m. All first responders in Southwest Florida including police, sheriff, emergency medical service, fire personnel and active military will receive two free tickets with proper ID. The complimentary tickets will be available for pick-up at the JetBlue Park box office until February 21, on a first-come basis, while supplies last. The JetBlue Park box office hours are Monday through Friday

from 10 a.m. to 3 p.m.

"The Red Sox" Hats Off to Heroes presented by John Hancock salutes those who protect our way of life each and every day," said Brennan Whitley, senior manager of Florida business operations for the Boston Red Sox. "This is our way of thanking all the first responders who work nonstop for our Southwest Florida community throughout the year."

The team will play a total of 17

home games, including 16 Grapefruit League games and the game against the Northeastern University Huskies.

The Red Sox' equipment truck will depart from Fenway Park on Monday, February 4. Truck Day is presented by JetBlue.

Pitchers and catchers are scheduled to continued on page 23B

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Boston's MVP To Snub Championship Celebration At The White House

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by Ed Frank

nce again, we have sports mixed with politics with the recent announcement by the Boston Red Sox's Mookie Betts, the American League Most Valuable Player, that he will not visit the White House on May 9.

He is not the first athlete to turn down President Donald Trump's invitation to recognize championships, in this case the World Series Champion Boston Red Sox.

As expected, Bett's no-show attendance brought mixed reaction by the media and likely by the general public.

"I won't be going. I decided not to," Betts said after receiving his MVP Award last week in New York. He did not elaborate

further

He joins Red Sox third-baseman Rafel Devers as the only other Boston player to say they definitely will skip the White House ceremony. But more may be joining the list in the weeks ahead.

Shortstop Xander Bogaerts and infielder Eduardo Nunez remain undecided, and pitcher Eduardo Rodriguez has said he likely won't be going.

Boston Manager Alex Cora had been open to visiting the White House, but he has had issues with President Trump and his administration in their relief efforts in the aftermath of Hurricane Maria that devastated his home of Puerto Rico.

In fairness, many Red Sox players said they will attend the White House on May 9. The visit had originally been scheduled for February 15, but was rescheduled due to the government shutdown.

Red Sox management has said the White House visit is not mandatory.

The controversy with President Trump has rankled several athletes and teams, highlighted when the president lashed out at former San Francisco 49ers quarterback Colin Kaepernick who refused to stand for the National Anthem in protest to the treatment of minorities.

The president even made the unprecedented move of rescinding invitations to last year's Super Bowl Champion Philadelphia Eagles and National Basketball Champion Golden State Warriors.

The Warriors recently met with former President Obama during a visit to Washington, DC to play the Wizards.

No doubt this controversy will continue. Doubtful there is any positive answer.

SPORTS QUIZ

- 1. Cody Bellinger of the Los Angeles Dodgers set a National League record in 2017 for most home runs by a rookie (39). Who had held the mark?
- 2. Who was the first New York Met to hit 40 or more home runs in a season?
- 3. Name the last repeat winner of the Davey O'Brien Award as the nation's top college quarterback before Clemson's Deshaun Watson did it in 2015-16.
- 4. How many times did Hall of Famer Allen Iverson lead the NBA in points per game for a season?
- 5. In 2018, Buffalo's Casey Mittelstadt and Alexander Nylander each got their first NHL goal in the same game. When was the last time before 2018 that it happened for the Sabres?
- 6. Who was the last male figure skater to repeat as Olympic singles champion before Japan's Yuzuru Hanyu in 2014 and 2018?
- 7. When was the last time the U.S. men's golf team won a Ryder Cup in Europe?

ANSWERS

1. Frank Robinson (1956) and Wally Berger (1930), with 38 each. 2. Todd Hundley had 41 home runs in 1996. 3. Oklahoma's Jason White, in 2003-04. 4. Four times. 5. It was 1995, when Curtis Brown and Wayne Primeau did it. 6. Dick Button (1948 and 1952). 7. It was 1993.

Everblades Take Commanding Division Lead

The Florida Everblades hockey team began the week with a commanding lead in the ECHL South Division with a 30-8-5 season record and 65 points, compared to South Carolina in second place with 48 points.

But it's a tough week for the local hockey team starting with a home game Tuesday at Hertz Arena then a Thursday night game 750 miles away against the Atlanta Gladiators and a Saturday contest in Greenville, South Carolina against the Swamp Rabbits.

Florida returns to home ice Wednesday hosting the Adirondack Thunder, the first of six home games in row at Hertz Arena.



Kathryn Kelly and David Lucas

Benefit For At-Risk Children

The 11th annual Love Your Neighbor fundraiser will be held at the riverfront Gulf Harbour home of Mary Jo Little on Tuesday, February 19 from 6:30 to 9:30 p.m.

The fundraiser will feature live music, fine wine and spirits and an assortment of culinary creations from local restaurants and chefs. Live and silent auction items will be offered, and all proceeds will benefit educational programs for at-risk children in the Harlem Heights Neighborhood. VIP upgrades and sponsorships that include the exclusive VIP pre-party at a luxury home on Longwater Chase are available.

Last year, \$443,000 was raised. Local philanthropists Linda and Davis Lucas will be recognized at this year's event for their long-time support of The Heights Foundation.

"We are happy to support the work of The Heights Foundation," said David Lucas. "Over the past 20 years, we have seen it grow from a simple Thanksgiving food outreach to an organization that is changing the trajectory of the lives photo provided

of children and their families in Harlem Heights through education, opportunity and the arts."

"Our educational programs include after-school, summer camp and academic tutoring for more than 120 children; scholarship and college access assistance, school supplies and tuition support; GLAD Kids, a child care and pre-k for more than 80 children birth to (age) 5; and The Harlem Heights Community Charter School, an elementary charter school that serves 80 children," said Kathryn Kelly, president and CEO of The Heights Foundation. "Each program is geared to meet the specific needs of children and young adults. The Gulf Harbour community has been very supportive of the Heights Foundation and we appreciate Mrs. Little opening her home for this important fundraiser.

Sponsors include Mark Loren Designs and Norman Love Confections. Kellie Burns of NBC-2 will be the emcee.

Tickets are \$200 each, and space is limited. Upgrades and sponsorships that include an exclusive pre-event VIP party are also available. Purchase tickets at www.heightsfoundation.org/lyn or call Karen Lesza at 482-7706 for more information.

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One visitor looking at rare photographs of the Woodring family, which settled on Sanibel in photo by Jeff Lysiak

From page 1B

Woodring Exhibit

sharp people over the years, but that's because we had to be," he said. "It was either do or die back then, so I guess that's why we're still here."

On display through March 25, the Woodring exhibit features historic black-and-white images by the late Charlie McCullough, a professional photographer who lived next door to the iconic family. It also includes dozens of artifacts from the Woodring home and the Sanibel Historical Museum & Village that chronicle the landmark and the family's life on the island. Costumed museum docents - including Emilie Alfino, Deb Gleason and Edina Lessack - were on hand to interpret the artifacts displayed throughout the exhibit.

Acquired by Sam Woodring, Jr. and his wife, Esperanza, in 1919, the Woodring Point residence is an exceptionally well-preserved example of "Florida Cracker" architecture, one of the last of its kind on the island. Back in 2013, a capital campaign raised money to purchase the Woodring estate. The refuge currently manages the 6.56-acre property as part of the "Ding" Darling complex.

"The Woodrings are doing just the right thing to preserve this island's history," proclaimed Roosevelt, dressed perfectly in turn-of-the-century period costume. He also talked about

his friendship with Jay Norwood "Ding" Darling, the nationally-revered conservationist, political cartoonist and namesake of the island refuge. "My, how we could use a man like 'Ding' Darling today!'

During his time, Roosevelt entertained the audience with tales about seeing action in the Spanish-American War, taking action with the plume trade of the early 20th century (which he called "The Feather Wars") and using his presidential powers to declare several federal bird sanctuaries and national parks for the benefit of future generations.

'We all know that parks aren't just scenery - they are places for adventure and exploration," explained Roosevelt, raising his fist for emphasis. "Conservation is only going to be important for future generations if this generation promotes it and makes it important for them."

During the question-and-answer portion of the presentation, Woodring told a story about how his ancestors used to bury bottles of liquor throughout the property during prohibition, in order to hide the contraband from 'federal revenuers."

"Visiting fishermen knew that there was liquor buried around the clubhouse (the building that eventually became the McCullough home)," added Woodring. "Sometimes, the property looked like 100 gophers had dug their way through there."

Free Conference For Prostate Cancer Patients

an Manarite and Prostate Cancer International will offer the second free conference for prostate cancer patients and caregivers in Southwest Florida on Saturday, March 2 from 9 a.m. to 5 p.m. The program, titled Prostate Cancer Today: Living Well; Choosing Wisely, will be held at the Cohen Center of Florida Gulf Coast University (FGCU). A free lunch will be served.

The conferences will always be free because I would never turn a cancer patient away because of money," said Manarite, who advocated for her husband, Capt. Dominic Manarite of Sanibel from 2000 to 2013. Capt. Dominic was a charter captain out of Castaways Marina at Blind Pass. He lost his battle to prostate cancer in April 2013, but survived for 13 years, even though his initial PSA was over 7,000, and his prostate cancer had metastasized throughout his bones. Manarite was his researcher and advocate for all of those years, finding information, asking about tests and even suggesting many treatment options.

There is a suggested \$25 per person donation to PC International, a nonprofit organization. Registration is required online at www.tinyurl.com/march2conf or by contacting Manarite at 208-4400 or jmanarite@hotmail.com.

Manarite's passion to help patients develop better questions - because better questions will get you better answers – has

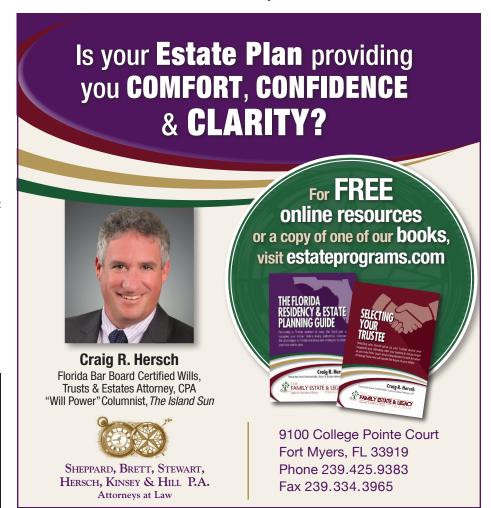


Jan Manarite

been the focus of her advocacy efforts since 2001. She is currently the executive vice president of Prostate Cancer International, and continues her efforts to help patients do just that - develop better

questions.
"Shared decision-making means the patient and family members share the test and treatment decisions with the doctor and vice versa," said Manarite. "But patients need to engage in this, and they often don't know where to start. We can help them.

The Cohen Center of FGCU is located 11090 FGCU Boulevard in North Fort Myers.₩



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Refine



by Kay Casperson

believe it is essential for all of us to refine our lives from time to time, but what does that mean? To me, refine means to simply polish up a bit now and then. Every once in a while, things can tend to become quite

dull and they might need a bit of work to shine back up again. So let's take out the polishing cloth and see what we can do about refining your life.

Let's start by taking a look at your strengths and what you are good at doing, picking one of them and investing in yourself. What are some of your gifts and talents? Maybe there are things that you love to do but just don't make the time to do them anymore. Think about your hobbies like sports, music, arts, crafts and see if there are things that you once loved, but time, chaos and life just keep getting in the way of you doing them anymore.

Maybe you used to take the time to read, sing, play an instrument, cook, draw, paint or play a favorite game which brought much joy and contentment to your life at one time. How easy is it to lose focus now and then, because there are so many other things that are important or that seem to take up the majority of your time? Well, today I am going to encourage you to take just a moment to focus on what those things are and see if you can bring them back into your life slowly but surely.

I believe in this word so much that I even built a product around it. My

exfoliant for the skin is called Refine, and the affirmation on the bottle reminds you to focus on your strengths and invest in yourself. Your skin needs refinement just like your life does. Once you start to polish, there is a new fresh look and feel which will allow you to shine even brighter.

So, sit back and take a real close look at what you are missing, invest your time back into what you were once passionate about, polish it up and watch your life become even more fulfilled. Yes, refine is a must-have word in your vocabulary and it needs to be done every once in a while to stay focused on living your best and most beautiful life.

My affirmation for you this week is: "I will refine my life by nourishing my passions and focusing on my strengths."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www. kaycasperson.com or follow on social media @kaycasperson.*

Funds Awarded For Hurricane Expenses

EMA recently approved a \$3,719,741.76 grant for the state of Florida for Lee Health to defray the costs of emergency protective measures taken for Hurricane Irma.

Funding for this Public Assistance (PA) project is authorized under Sections 403 of the Robert T. Stafford Act for Florida to cover Hurricane Irma-related expenses, reimbursing eligible applicants for the cost of debris removal; life-saving

emergency protective measures; and the repair, replacement or restoration of disaster-damaged facilities like buildings, roads and utilities.

FEMA's Public Assistance grant program is an essential source of funding for communities recovering from a federally declared disaster or emergency. The Florida Division of Emergency Management works with FEMA during all phases of the PA program and conducts final reviews of FEMA-approved projects.

Applicants work directly with FEMA to develop project worksheets and scopes of work. Following approvals by FEMA and the Florida Division

of Emergency Management, FEMA obligates funding for the project.

FEMA's Public Assistance program provides grants to state, tribal and local governments, and certain types of private nonprofit organizations including some houses of worship, so that communities can quickly respond to and recover from major disasters or emergencies.

The federal share for Public Assistance projects is not less than 75 percent of the eligible cost. The state determines how the non-federal share of the cost of a project (up to 25 percent) is split with the sub-recipients like local and county governments.

Doctor and Dietician

Banana Chia Pudding





by Ross Hauser, MD and Marion Hauser, MS, RD

ave you wanted to try chia but not sure what to make with it? Enjoy this easy, vegan and clean banana chia pudding that you can eat for dessert, breakfast, or a snack. We especially enjoy eating this after a long workout in the heat because it is very refreshing. You can make it in individual small mason jars to grab on the go, or make it all in one bowl.

What You Need:

1 ripe banana, mashed

3 tbsp. white chia seeds (you can also

use black chia seeds)

1/2 tsp. vanilla extract

1/8 tsp. ground cinnamon

1 cup unsweetened almond or soy milk 1 tbsp. pure maple syrup, as needed for additional sweetness

For a garnish, try sliced bananas, chopped cashews, unsweetened coconut, cacao nibs, or berries.

What To Do:

- 1. Add the mashed banana to a small container. Add the chia seeds, vanilla extract, ground cinnamon and maple syrup for a little added sweetness, if desired. Pour in the milk.
 - 2. Stir to combine. I like to use a whisk.
- 3. Place in the refrigerator overnight, or for at least 5 to 6 hours, to allow the chia seeds to absorb the liquid and thicken.
- 4. In an air-tight container, this pudding will stay good in the fridge for about 4 to 5 days.
- 5 days.
 5. Serve with above garnishes as desired.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

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Superior Interiors

Casual Lifestyle



by Jeanie Tinch

as they appear, casual decorating schemes don't just fall into place. There's a world of difference between the casual room that has evolved haphazardly and one that is

well-decorated. Good casual decorating considers both comfort and style.

Starting with comfort factor, furniture should look inviting. But more importantly, it must feel good. Deep-seated sofas and overstuffed arm chairs with ottomans send the message, "Come, sit here." Certain fabrics and materials lend themselves to the casual style. Leather is an excellent choice, as are chenille and textured fabrics. Save your elegant florals and silks for a more formal room.

Refer to nature for ideas. Natural materials are inherently pleasing to the

senses and always at home in a casual setting. Exposed wood beams, hard wood floors and natural stone tile give a room an easy, relaxed feel. Add an area rug to soften the look and absorb sound. Bring the outdoors inside with a few houseplants. If you're not much of a green thumb, consider some of the authentic-looking permanent botanicals, especially if you utilize the home only seasonally. A textured wall covering will add depth and warmth to your casual setting.

Asymmetrical furniture arrangements are perfect in an informal room. Pull your furniture away from the walls and experiment with floating or angular arrangements. Avoid the predictable look of sets of matching end tables and coffee tables.

Casual design applies to wall and tabletop accessories as well. Accessory pieces should be in odd numbers and of varying sizes and shapes.

When looking for a respite from the hustle and bustle of your daily routine, your casually decorated room will offer a relaxing retreat.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecden.com.

Teas, Essential Oils And Supplements Needed In Winter

by Suzy Cohen, RPh

ear Readers:
The winter is lovely, the trees are all flocked and the air is so fresh. You can make snowballs and fire up the crock pot with soup. I SO love winter, and when the snow begins to fall, I

stay in my PJs and crawl into my favorite recliner, with a big fuzzy blue throw and a hot pack.

When it's cold, many biochemical changes take place in the human body that lead to dryness of the skin and lips, suppressed immunity, reduced production of some neurotransmitters, the packing on of winter fat, higher risk of heart attacks and certainly more sniffles, coughing and general sickness from cold and flu. Sadness and depression are common.

Today, my focus will be to help you stay as well and comfy as possible during the hibernation months. I have a more comprehensive version of this article available only to my newsletter subscribers. Join my online community at www.suzycohen.com, and I will email it to you.

Here are some common winter problems:

Seasonal Affective Disorder (Depression) – This is a seasonal type of depression and sadness that lifts in the springtime and summer. Researchers sometimes attribute the winter blues to reduced exposure to sunlight. Therefore, a natural mood booster might be a light device, or some vitamin D supplementation. Vitamin C could help because it helps contribute to production of happy brain chemicals.

Headaches – Cold climates cause blood vessels to tighten a little bit, and the narrowing reduces blood flow. When blood vessels are constricted, it can trigger headaches and migraines. The fix might be to maintain hydration and supplement with magnesium, which keeps your blood vessels dilated. Vitamin C helps them maintain elasticity.

Dryness And Dehydration – Skin gets very dry, especially your heels. Look at them, I bet they're cracked and dry. Put some pure jojoba oil, coconut oil, olive or grape seed oil on your finger or a cotton pad, and apply it it to your heels. Then put on your socks and shoes. If you need, repeat this after your evening shower. Drink plenty of water that has been infused with marshmallow root. I have a video on youtube showing you how to make this. Also, add a pinch of sea salt or "real salt" to your water for electrolytes.

Cough, Cold And Flu – In order to reduce your risk for respiratory illness and cold or flu, you have to rev up your immune system. Start with probiotics and vitamin C for prevention. Eucalyptus essential oil (EO) is another natural fix for when you are actually sick. When I was down with the flu, I found that a steam inhalation using just two drops in a pot of hot water worked great to open up my sinuses and to stop from coughing. I also drank Melissa officinalis as well as green tea. I'm not advising any of you; just sharing my personal experiences. Please ask a holistic practitioner or doctor if these are right for you.

From page 19B

Spring Training

hold their first workouts on February 13 and position players are scheduled to hold their first workouts on February 18. Workouts are free and open to the public.

The club will once again hold an Open House at JetBlue Park on Saturday, February 16 from 11 a.m. to 3 p.m. The free event, open to the public, welcomes fans to walk around the park and the grounds, while enjoying concessions and entertainment on Fenway South Drive – a street festival inspired by Jersey Street in Boston.

The 2019 season is the Red Sox' eighth at JetBlue Park at Fenway South. All day games are scheduled to begin at 1:05 p.m. Only one night game is scheduled for March 21 at 6:05 p.m. when the Red Sox host the Tampa Bay Rays.

For more information, call 226-4783 or email jbpevents@redsox.com.

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Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: My older sister who just turned 55 is constantly talking negatively about aging. I don't even think she realizes how bad she is. What can I say to make her feel more

positive about aging?

A: There is an old Navajo saying, "If you want to see what your body will look like tomorrow, Look at your thoughts today."

This is so true. We live in a society of aging phobia. If we could just pay close attention to our thoughts today, and shift any negativity from negative aging to positive life experiences, we would be so different about embracing the aging process.

Research has linked negative perceptions of aging to people with a life span that is seven years shorter!

The truth is, worrying about aging will only increase your aging process! Aging is just a part of life and our beauty truly does radiate from the inside out.

Encourage your sister to repeat daily positive affirmations such as "I love

myself just as I am," and "my age is not a number, rather a positive state of mind."

In Asian cultures, aging is embraced and it's an honor to be with an enlightened elder. Our country needs a lesson in this.

Radiant aging begins at birth. You can embrace your vibrancy at every age. It is about the life cycle process connected to the rhythms of nature, divinity and universal flow. It's about reveling in your mind, body, spirit and emotions and accepting your whole and balanced self at any age.

balanced self at any age.
Constance Clancy, EdD, LMHC,
LPC, NCC is a licensed mental health
therapist, hypnotherapist, author and
holistic stress management instructor.
If you have a question, email
Constance at drconstanceclancy@
gmail.com or visit www.
drconstanceclancy.com.*

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way.



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COTI Committee of the Islands CROW - Clinic For The Rehabilitation of Wildlife	274-5900 coti@coti.org 472-3644 ls@gmail.com 984-5920 472-4775 472-0404 472-8994 472-6940 472-6940 395-9232 472-9332 472-0836 472-0836 472-4823 57 or 472-0141 icycleclub.org 472-6940 alusps/sancap 395-0819 lub 267-7291 rg 395-2040 433-3000 11 or 433-3900 728-1971 395-2233 472-1100 472-4648 472-329

To be listed in calling card email your information to: press@islandsunnews.com

PETS OF THE WEEK

Haven on Earth Animal League

Lily And Sylvia



i, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have ▲been fully vetted and brought up to date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center. Hello, I'm Sylvia. Aren't I just adorable? I'm only 6 months old and a very sweet little girl. I'm



photos provided

Sylvia

currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@vahoo.com.☆

Lee County Domestic Animal Services

Bella And Luke



Bella ID# A764384

ello, my name is Bella. I am a 6-year-old female rottweiler mix who is a chill girl ■that likes to hang out with my favorite volunteers. I like to get cozy with them on the benches in the play yards when I am not running around. The best part about me is that I have gotten past the pesky puppy stage and will be your instant companion without the demands on your time of training a puppy.

My adoption fee is \$25.

Hi, I'm Luke. I am a 2-year-old male domestic



Luke ID# A765683

shorthair who is a confident boy that will come right up to you and let you know I am in the room looking for attention. No matter how many cats are in the room, you know I am there. I am very curious and have a need to know what is going on at all times. I will wander around your house like I own it and, like the staff does at LCDAS, you will probably let me because of my disarming personality.

My adoption fee is \$25.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.☆

PAWS Of Sanibel

Dixie The Bunny

vailable for adoption is Dixie, a bunny who was found in an abandoned home in Naples and was recently dropped off at CROW.

Dixie is being fostered by a wonderful family on Sanibel, but they will soon be heading up north and cannot take her with them.

Call Jennifer McBeth at 410-382-2433 if you would like more information about adopting Dixie.☆



PUZZLES

CONTINUING

Answers on page 29B

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40 The whole

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42 Pronto, on a

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44 Winnow

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47 Lotion addi-

50 Convent deni-

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INSERT A "P" TO

Super Crossword FD ACROSS 84 2006 Sacha 124 Whoop it up 30 Soccer star 47 German 71 Hoopla 72 Actress Mitzi 1 Shred article Baron Cohen 125 Berlin-to-Chastain 6 To another 48 U.S. architect 32 Body of work Prague dir. film 73 Gold, in Italy **126** "— girl!" ("All 85 Nobelist 33 "Harrumph!" country I M **75** Daring 49 Pet treaters 12 Buster riaht!") 34 Rage 77 On deck, sav Arafat Brown's dog 50 Slaughter 86 Celine of 127 Unboastful 35 "Oh wow!" 79 Tree with 16 Mexican with a bat 128 Pastoral 36 Off course fan-shaped sona 87 Many a repo 52 Abnormal 38 Birthplace of article verse leaves 19 University of plant swelling 89 Poetic form St. Francis 80 Up to, in ads 90 Holiday drink DOWN Maine's city 56 Schindler 40 Desertion of 81 Young male, 20 News anchor with a list 92 Left-leaning 1 Disk at the one's faith in hip-hop 58 Deputy of 41 Highway 82 Having five Katie slant ... and end of a spur 21 Arduous task an envoy "Lou Grant" 2 "Three pull-off sharps and old CBS Sisters" sister 42 Polynesian-83 Central point 22 Not be idle star 23 Discoverer variety show 97 "Hips Don't 3 61-Down 88 Joined with themed of Uranus host Lie" singer producer lounges 91 React to, as and "The 63 Ballpark gate 101 — Grey 4 Open, as a 43 Quad bike, a bad pun **93** Moray, e.g. Office" 64 Explorer 102 Special span shutter e.g. 44 Classic car co-star Hernando 103 Large, 5 Luau paste 94 "Norma hooded 45 Actress Blyth 95 Suffix with 26 Spoil 6 Peaks 65 Rose color 27 "Orinoco snake ... and 7 Nobelist 46 Turndowns compliment 96 Fried quickly 51 "Of course!" Flow" singer 66 Klee output "60 Minutes" Niels 8 Long to undo 28 Sea. to Luc 53 1996 role for 97 Glides on ice **67** Bistro bills reporter for 68 Olay product ... and "My 98 Job opening 9 NHL's Bobby Madonna 29 Buenos -26 years 107 Cited as **10** "— for Alibi" 30 Commanded **54** Steeping fillers Cup Runneth 11 1983 Mr. T 99 He directed 31 PCs on evidence sauce planes, often Over" singer 111 Ship sailing 55 Snacker on "Life of Pi" comedy 100 Most adept 33 Long-range 73 Sheriff Andy past sirens '— is human termites Taylor's tyke "— Less 57 Capone and 104 Gaucho rope German gun Ordinary" of WWI 74 Coach **13** Bays, e.g. Unser 105 Mali's cont. and "Apollo 106 Kin of khaki Parseghian 113 Suffix with 14 Detective, 59 Dupe 107 Natty tie 13" Oscar – polloi 66-Across slangily 60 Plus more: 76 "T.N.T." rock 114 Liquefy 15 Suffix with 108 'Vette, e.g. nominee Abbr. **37** Letter #3 115 Rolodex no. 61 Reef stuff 109 Atelier tripod band priest 16 Hedy of film 38 Bern's river 77 Game venue 116 Money from 62 Guitar 110 Reflect (on) pioneer Paul 39 To the extent 78 Officer investments 17 National park 113 Rural hotels that played by ... and in Maine – wise guy, 116 Thurman of eh?" **40** 1975 Phil Silvers Reagan 18 Italicize. "Prime" ... and 117 Tokyo, once Wimbledon cabineteer 69 Caring winner ... and 1970s-'80s 121 Previous to 24 Electrical 70 Martin Luther 118 Fizzling thing current unit "Shape of New York 122 .lib holder opponent 119 Opal finish? 25 Move quickly You" singer City mayor 123 "No clue" Johann 120 Hosp, scan 20 22 19 23 26 25 27 28 31 41 46 43 45 48 49 50 52 54 55 56 58 60 61 63 65 66 67 74 76 78 84 81 85 86 89 90 94 93 101 98 99 100 102 103 104 | 105 | 106 108 109 110 111 112 113 114 115 117 | 118 | 119 120 116

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King Crossword **ACROSS** 1 Nickelodeon's explorer 5 Phonograph stat - podrida 12 Acknowledge 13 "Born in the 14 Tide type 15 Korea-based sitcom 16 Laterally 18 Tartan patterns 20 Go by 42 43 "Star Wars" princess 23 Saute 24 Motorcycle attachments 28 Consider 31 Historic period 54 At a snail's 8 Ahead 33 Toy block 32 Prepare to 9 2012, but not pace name 55 Hide 36 Skill 2013 prav 34 Chicken-king 56 Explosive 10 Potato chip 38 Richard III's

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17 Sprite

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25 Anger

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29 Shady tree

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Anger

52 Infamous Idi

53 Enjoyment

35 Weaver's fill-

37 Revolvers.

42 Coral rings

49 Secondary

45 Money, slan-

ing thread

39 Air safety org.

41 Soon to come

MAGIC MAZE • **MAKE A NEW** WORD DIFCZWCURPMJHEC lm a l c s Q g n t l ZXUN S G E \mathbf{C} OZRXVLNTRC NL J EENIARRET Н T TVYOTGDS W R P G NH S A L S N N E N Ι N G L E V Y C I T I XLK L BZTWUS IALERE S O M L U J IGEDRLLBL AYXOWUTGNIDEESA SQPONLKJHGFSDRM Find the listed words in the diagram. They run in all

directions forward, backward, up, down and diagonally

Seeding

Slashing

Selling

Slice

Soil

Sorting

Terrain

Exert

Male

Relav

Outlaying

answer on page 31B

Alarm		
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	3			2		5		
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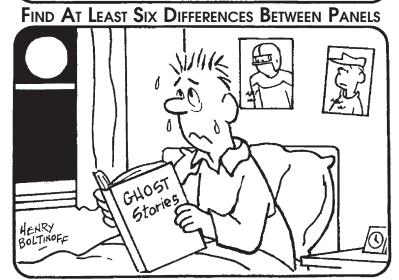
SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29B

HENRY BOLTINOFF BY HENRY BOLTINOFF GHOGT Stories



Differences: 1. Pajamas are different. 2. Moon is higher. 3. Hair is different. 4. One picture is missing. 5. Headboard is lower. 6. No. 7 is missing from picture.

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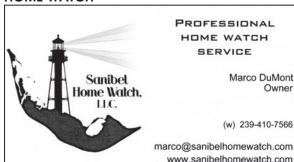
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SUDOKU

PUZZLE ANSWERS



KING CROSSWORD 0 W Ε Α S Α S D Ε lw S R Ε Ε D R|MG 0 0 0 Α D

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5	1	9	6	3	2	4	7	8
7	6	3	5	8	4	1	9	2
2	8	4	1	7	9	6	5	3

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1/25 🌣 2/1

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My Stars ★★★★ FOR WEEK OF FEBRUARY 4, 2019

Aries (March 21 to April 19) Seeing the silly side of some really ridiculous situations helps give the Lamb a new perspective on how to handle them. Some important contacts can be made this weekend.

Taurus (April 20 to May 20) Try to complete your outstanding tasks by midweek. This leaves you free to take advantage of new possibilities – both professional and personal opening up by week's end.

Gemini (May 21 to June 20) With both your creative side and your energy levels rising this week, you should be able to tackle that too-long-neglected project again. A family member might have important news.

Cancer (June 21 to July 22) An explanation you requested seems to be more confusing than enlightening. You should insist on clarifications now, rather than deal with problems that might arise later.

Leo (July 23 to August 22) Your energy levels might be ebbing a bit. But that's no excuse for taking catnaps when you could be working on those unfinished tasks. There'll be time to curl up and relax by week's end.

Virgo (August 23 to September 22) It's a good time to get those ideas out of your head and into a readable format if you hope to have them turned into something doable. A good friend is ready with worthwhile advice.

Libra (September 23 to October 22) Careful - you might be stepping into dangerous territory if you decide to 'exaggerate" the facts too much. Remember: The truth speaks for itself and needs no embellishment.

Scorpio (October 23 to November 21) Although your workplace successes have earned you many admirers, there are some colleagues who are not among them. Be careful how you proceed with your new project.

Sagittarius (November 22 to December 21) You might have to go into great detail to explain why you're currently reluctant to make changes to an already prepared plan. Be sure you have all the facts to back yourself

Capricorn (December 22 to January 19) Travel plans might still be uncertain. But instead of getting upset about the delay, open yourself up to other possibilities, and begin checking out some alternative destinations.

Aquarius (January 20 to February 18) Changing conditions might require you to alter some of your plans. While you might be agreeable to this, be prepared with explanations for those who do not want

changes made.

Pisces (February 19 to March 20) Although you might have to deal with some detractors who aren't too kind in their critiques, you gain points when you're willing to stand up and defend your work.

Born This Week: You have a gift for creating a warm and loving environment between yourself and others.

STRANGE BUT TRUE

- It was Leroy "Satchel" Paige, arguably the best pitcher in baseball history, who made the following sage observation: "Never look back. Something might be gaining on you.
- The "Harley" in "Harley-Davidson' comes from William Harley, one of the motorcycle company's three founders. His is a common surname in England with roots in Old English, in which language it means, literally, "pile of rocks."
- A narwhal's horn isn't a horn; it's a tooth - the left front tooth, to be specific. As

such, it's considered to be a tusk, making the narwhal the world's only animal with a tusk that's straight rather than curved. The tusk was highly prized in the Middle Ages, fetching as much as 10 times its weight in gold for those fortunate enough to have one to sell.

- Those who study such things say that millions of trees are planted accidentally when absent-minded squirrels forget where they buried their nuts.
- Charlie Chan, the fictional Honolulu detective, was created in 1919 by novelist Earl Derr Biggers. The books featuring Chan became so popular that the character made the leap to radio, movies and television. Even though more than a dozen actors have portrayed the detective over the years, not one of them has been of Chinese ancestry.
- A scorpion can live for an entire year
- without eating.
 In the 1830s you could give someone a "blizzard." Back then, of course, the word wasn't referring to a snowstorm; rather, that

phrase meant to give someone a piece of one's mind.

• In the original calculations made by NASA experts, a landing on the moon was thought to have only a 5 percent chance of

THOUGHT FOR THE DAY

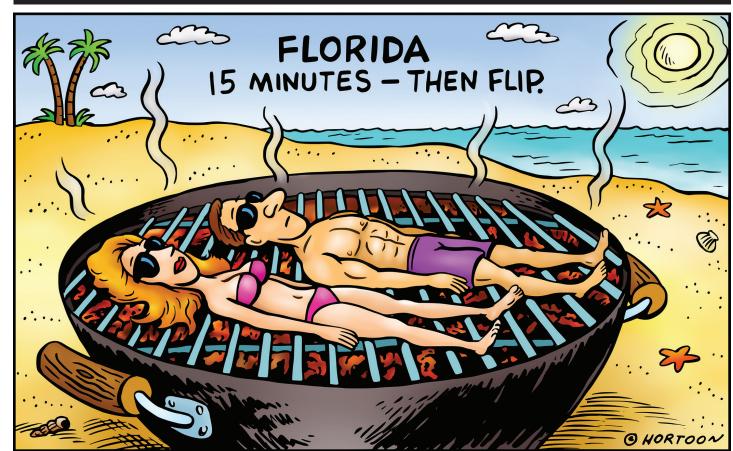
"One dog barks at something, the rest bark at him." - Chinese proverb

SCRAMBLERS

- 1. Perturb; 2. Dodge;
- 3. Certain; 4. Veiled

Today's Word

DEBATING



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayfront Gardens	Bonita Springs	2009	4,556	\$3,200,000	\$3,000,000	674
Del Sega	Sanibel	2000	4,046	\$2,799,000	\$2,550,000	196
Westlake Court	Estero	2017	3,057	\$1,989,000	\$1,860,000	666
Cape Harbour	Cape Coral	2004	2,700	\$1,150,000	\$1,025,000	53
Dunes At Sanibel Island	Sanibel	1987	2,267	\$1,099,000	\$1,090,000	57
Beachview Country Club Estates	Sanibel	2002	2,363	\$995,000	\$850,000	142
Not Applicable	Cape Coral	2014	2,737	\$845,000	\$827,000	9
Town And River	Fort Myers	1962	1,895	\$699,900	\$665,000	119
Sunset Key	Punta Gorda	1997	2,266	\$649,900	\$631,000	52
Riverwind Cove	Alva	1997	2,672	\$635,000	\$612,000	72

For Your Valentine



472-HOME (4663) 888-603-0603

2242 Periwinkle Way, Sanibel Square, Suite 3

More info & real estate blog at SanibelSusan.com



Renovations underway at this 5000+sq. ft. 4+bedroom home with bayside beach & pool. 3-car garage, fireplace, elevator. Boat dock with lift. Still time to personalize. \$3,495,000



Moonshadows #2C

Community where 12 homeowners share pool & tennis. 3 bedrooms, 3 full baths, remodeled kitchen, legal ground-level living space, & more. \$1,595,000 furnished



4 bedrooms & 3.5 baths. Riverside pool, spa, & outdoor kitchen. Just steps to beach access. \$899,000 furnishings negotiable



Pointe Santo #C43

3 bedroom with years of excellent rental income & decorator décor. Expansive water views over tropical lagoon to gulf. Private roof-top sundeck. \$1,035,000 furnished



Sanibel Arms West #E2

Beachfront 2 bedroom with new glass, remodeled & expanded kitchen, new baths. Two screened lanais. Great rental income in easy on-site program. \$874,000 furnished



Lighthouse Point #128

Ground-level living with sweeping views of San Carlos Bay. Spacious floorplan includes 3 bedrooms (one currently used as den), great room, & updated kitchen. \$699,000 furnished



Signal Inn #4

Pet-friendly 1 bedroom in 3rd building from beach. Updated kitchen & bath, private parking, & storeroom below. Screened balcony has peek of gulf. \$499,900 furnished plus income



Captains Walk #B2

Easy-access east-end cozy 1-bedroom condo in residential community with carport, laundry, & docks. New HVAC, updated windows, & remodeled bath. \$239,000 furnished



9270 Kincaid Ct

Lot for single-family home in Belle Meade. On private road. Preserved land across street. Near wildlife refuge, school, & recreation center. \$149,000



9441 Peaceful Dr

Wide parcel next to conservation land along back of Gumbo Limbo subdivision. Private yet convenient to beaches & causeway. Backyard faces west to sunsets! \$249,000